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Junior enlisted enjoy 'six star' treatment

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War Memorial brings Koren history to life

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The Morning Calm Weekly is



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SPC. SCOTT WILLIAMS

A Soldier from the Army Reserve's 368th MP Company searches a ROK Army role player during the prisoner search at the ITP site in Wonju. The Reserve unit joined 557th MP Company to practice prisoner-handling tasks during the recent Reception, Staging, Onward movement and Integration, and Foal Eagle exercise.

557th MPs, Reserve Soldiers practice wartime mission

By Spc. William J. Scott 8th Military Police Bde.

WONJU — When the Military Police Corps was created, its primary mission was to provide law enforcement and security throughout the Army. While those roles remain, the mission has grown and the MP Corps has assumed many new duties. One of those duties is the care and custody of Enemy Prisoners of War. The 728th Warfighters recently had Soldiers return from Iraq who were doing that very mission until relieved by a company of Army Reserve MPs. A similar situation would take place here on the peninsula should a wartime situation occur. MPs within the brigade would take responsibility for EPW operations until relieved by Reserve MP Forces.

Military Police EPW duties in the ROK would consist of operating an International Transfer Point

for EPWs. At the ITP, enemy prisoners would be received, processed and turned over to ROK Army custody.

As part of this year's Reception, Staging Onward movement and Integration/Foal Eagle exercise the 557th MP Company conducted 24-hour-a-day ITP operations at the 36th ROK Army Infantry Base in Wonju. Joining the 557th, was the 368th MP Company, a Reserve unit from Guam, and soldiers from the 1st ROK Army, as well as Soldiers from the PSYOPS, military intelligence and medical communities.

First Lt. Richard Barcinas, 368th MP Co. commander, was thankful his company was participating in this year's exercise. "We're happy to be here, we trained for months on EPW

See **MPs**, Page 4

Courageous Channel set to begin April 28

USFK Public Affairs

YONGSAN — U.S. Forces Korea will conduct Courageous Channel 2005-1, a semi-annual Noncombatant Evacuation Operations exercise, April 28 - May 1. Courageous Channel is a regularly scheduled exercise and is unrelated to any current or specific events.

This exercise will test the command's NEO plans and procedures for a short-notice evacuation from the Republic of Korea. This is a joint training exercise that will involve Army, Air Force, Navy and Marine Corps personnel.

"The goal of this Courageous Channel is to process 100 percent of our Department of Defense affiliated noncombatant community. The key to making that goal is ensuring people know about it and take the time to process through one of our evacuation control centers," according to Maj. Titus Brown, Deputy Chief, USFK NEO.

One of the keys to high turnout is making sure the word gets out, particularly because personnel turnover means new family members and other noncombatants eligible for evacuation arrive regularly. Specially designated NEO Wardens are trained by units to assist the non-combatants during the evacuation process. Prior to assembling at evacuation control centers on April 28 – May 1, NEO wardens are required to contact all of their families and complete a 100 percent inspection of NEO kits, Master Sgt. James Hardin, Area II NEO NCOIC, said.

During the exercise, approximately 70 volunteer noncombatants from several areas in the ROK will also participate in a limited government funded relocation to Japan. This part of the exercise will allow the command to perform the full range of tasks it would execute during an actual short-notice evacuation. Noncombatants who are interested in participating in the trip should contact their NEO wardens or Area NEO representatives as soon as possible.

Courageous Channel 2005-1 will also exercise the NEO Tracking System. The purpose of exercising the NTS is to evaluate operator proficiency and demonstrate performance improvements in the system's ability to track noncombatants as they move through the evacuation process from Korea to the repatriation sites in the continental United States.

"It's extremely important for sponsors, NEO wardens and noncombatants to work together and

See Courageous, Page 4

MP Blotter

The following entries were excerpted from the past several weeks military police blotters. These entries may be incomplete and do not determine the guilt or innocence of any person.

- Military police were notified of a larceny of AAFES property. Investigation disclosed that a Soldier was observed over closed circuit television placing one computer software system package under his shirt and exiting the store without rendering proper payment for the item in his possession. The Soldier was detained by store security until arrival of the military police. He was then transported to the military police station where he was advised of his legal rights, which he invoked requesting not to be questioned or say anything. The Soldier was further processed and released to his unit. All property was returned to the store.
- Military police were notified of an assault consummated by battery and communicating a threat. Investigations revealed that a Soldier threatened to kill a bartender at an off-post club. The Soldier and bartender were then involved in a verbal altercation which turned physical when they struck each other with open and closed fist. The Soldier then knocked the bartender to the ground and began to strangle her. The Soldier then fled the scene. The bartender reported to the military police station where she rendered a written, sworn statement attesting to the incident. She did not want to press charges. Later the Soldier reported to the MP station where she was advised of her legal rights, which she waived, rendering a written, sworn statement, she also did not want to press charges. The Soldier was released to her unit. Investigations continue by MPI.
- Military police were notified of an assault consummated by battery. Investigations disclosed that two Soldiers were involved in a verbal altercation adjacent to an off-post club. The altercation turned physical when the first Soldier struck the second Soldier with closed fists. The first Soldier was apprehended and transported to the MP station where he was given a field sobriety test, which he failed. He was then transported to a local medical facility where he was administered a command-directed blood alcohol test, with results pending. He was then transported back to the MP station where he was further processed and released to his unit. Later the Soldier returned to the MP station where he was advised of his legal rights, which he invoked, requesting a lawyer. This is an alcohol-related incident.

Children share pain of PCSing

By Staff Sgt. Terrence L. Hayes

Army News Service

"Dad, why do we move so much," my 6-year-old son asked me before arriving to Fort Gordon. "Why do I always have to leave my friends all the time?"

I guess Bill Cosby was right when he said, "kids say the darndest things."

How do you respond to a question like that without choking up a little? At that very moment, I realized my children share the same pain I endure every time I PCS from one location to another.

In the military, we develop friendships, relationships and partnerships, only to see them fade away after a couple years or so. The same applies to our kids. Over the course of my eight years of service and four years of marriage, my children have attended three different schools, lived in four different neighborhoods and probably had more than 50 or so friends they've thought we had it tough.

On the flipside, many times we want to PCS and get away from our current work situation. However, sometimes we fail to consider how that will affect those closest to us. We've all wanted to move to another installation or into a new position just for change, but do our kids want to.

But back to my son's question; I answered him by telling him that he's in the Army as much as I am. I broke it down further telling him that it would only get tougher as he grew older and as my career progressed.

Eventually, after a long talk, he smiled and said, "I'll make new friends."

I guess kids can teach you a lot about life. I learned that I'm not the only one feeling the pain of moving. I also learned that if you listen to your children they can put things in a better perspective than many adults.

The next time your child asks you

had to say goodbye to. And we why do you have to move again, pause before you speak and tell them that they're as much part of the military as you are. It will make them feel better and feel like they're part of the team.

TMCW Submissions

Send Letters to the Editor, story submissions and other items to MorningCalmWeekly@korea.army.mil.

Submissions may also be mailed to:

The Morning Calm Weekly c/o IMA-KORO Public Affairs Unit#15742

APO AP 96205-5742

Submitted items should include all pertinent information, as well as a point of contact name and telephone number. All submissions are subject to editing for content and to conform to Associated Press guidelines.

For information on submitting to the newspaper, call 738-3355.

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Support and Defend

NEWS & NOTES

AFN-K Service Interruption

High Gain, a local contractor, began work on the AFN-K South Post temporary AM antenna Wednesday. The vendor will have the temporary AM antenna ready for cutover today. AFN-K is requesting downtime from 9 a.m. until 4 p.m. There will be several short outages as the antenna is cutover and testing is performed. AM service to the Seoul area will remain on the temporary AM antenna until the new permanent AM antenna is completed Aug. 15.

Field strength measurements will be made Monday and Tuesday to document antenna performance -- this is a non-service affecting test. The present 330-ft. AM antenna will be taken down Thursday - April 15.

Information Assurance Conference

The first U.S. Forces Korea Information Assurance Conference will be April 19-21 at Osan Air Base. For information or to register for event, visit https://usfk-ia.korea.army.mil/ confmain.htm.

EUSA Band Friendship Concert

The 8th U.S. Army Band will perform a Friendship Concert at 7:30 p.m. April 21, at Gangnam Community Center's 2nd Floor Auditorium. Transportation to and from the event is provided. For information or to RSVP, call 723-4855.

NDTA Scholarship Available

The A-Frame chapter of the National Defense Transportation Association will award two \$750 scholarships to seniors attending Department of Defense Dependent Schools in the Republic of Korea. One scholarship will be merit based, while the other will be a needs-based scholarship.

The scholarships are open to any DODDS senior. The application form and specific submission requirements may be obtained by calling 725-5426, or through local school administrators. applications must be postmarked no later than May 3. Scholarships will be awarded in June.

Scooter Recall

The U.S. Consumer Product Safety Commission, in cooperation with MGA Entertainment Inc., is voluntarily recalling Bratz Stylin' Scooters. Consumers should stop using recalled product immediately.

The item is being recalled because it has been found that the wheels of the scooter can break or become damaged, and users of the scooter can fall and suffer injuries due to the break.

Army and Air Force Exchange Service outlets sold it as a promotional item in November 2004 and received 1774 units for the sale. Consumers may return the item to the store for a full refund.



The 80 servicemembers honored as part of the 34th Annual USO Six Star Salute walk the grounds outside The Blue House. The tour of the presidential residence was part of the activities provided to the honorees.

Servicemembers receive '6 Star' treatment

By Staff Sgt. Mark Porter

Korea Region Public Affairs

SEOUL -- A group of servicemembers got a taste of life at the top of the rank structure recently, as part of the USO's 34th Annual Six Star Salute.

Eighty junior enlisted personnel from the United Nations Command, U.S. Forces Korea and Republic of Korea armed services were honored in Seoul March 31- April 1. Forty-six Americans, 32 Koreans, one Filipino and one Thai servicemember were also recognized for "six star" treatment.

During the two days of activities the group was given VIP treatment, including accomodations at the Grand Hyatt Hotel,

a banquet in their honor, lunch with the vice mayor of Seoul and tours of the the Kyungbok Palace and The Blue House, the Korean Presidential Mansion.

Stanley Perry, USO director, said it was no more than the servicemembers deserved.

"It is important to recognize the men and women from all services serving here in Korea to make sure that they know their efforts. dedication and sacrifices are appreciated by the community in which they are serving," Perry said. "The service members who participate in the Six Star Salute are

representatives of the entire military presence serving in Korea allowing peace and prosperity to flourish."

The USO Six Star Salute began in 1970 by a group of Korean civic leaders who wanted to express their country's gratitude to the men and women who help defend their country, by bestowing the honorary rank of "six star" to exemplary enlisted personnel serving through the ROK.

The honorary rank is derived from the six stars on the USO logo, representing the first six service organizations to form the USO in 1941.

See **Star**, Page 13

'Wolf Pack' airmen take part in Foal Eagle

Exercise offers opportunity for training, upgrades

By Staff Sgt. Kurt Arkenberg

8th Fighter Wing Public Affairs

KUNSAN AIR BASE – Members of the Wolf Pack joined their sister services and the Republic of Korea Air Force to take part in Foal Eagle '05, an annual, jointcombined exercise used to test the two country's ability to coordinate the defense of South Korea against a hypothetical

The week-long exercise, which ran from Saturday through today, included direct interaction from members of the 8th Operations and Maintenance groups. The base units joined other Air Force units, the Navy, Marines and Army, including more than 300 troops based out of Camp Humphreys who flew Apache helicopters out of Kunsan.

According to Col. William Becker, 8th Fighter Wing vice commander, one of the major benefits is the opportunity

to recognize how each spoke fits in the wheel.

"Foal Eagle gives everyone a chance to execute large package training operations and large force employments," said Becker.

"Anytime we have the opportunity in perspective, we typically to train like we fight, it enhances upgrade one pilot each month our ability to defend the ROK."

— David Chu

the

"In addition, each branch involved gets the opportunity to take the role of overall mission commander and plans the strike overview package while supporting agencies are free to implement their own strategies to fit into the overall strike."

This mission commander practice allowed the wing to upgrade a much greater number of pilots than any other time throughout the year.

"On a smaller scale, (Foal Eagle) lets us upgrade around eight of our more experienced pilots to mission commanders," said Capt. Marc Garceau, 8th Operations Group

> Standardization Evaluations chief. "To put it the rest of the year."

These upgrades couldn't be done without the Wolf undersecretary of defense for personnel and readiness Pack's maintainers. Kunsan flew nearly 100 sorties during exercise and the 8th Maintenance Group was behind each of them.

> "Our maintainers did a great job and we couldn't have had the success without them," said Becker. He added that he considered the exercise a success for Kunsan and its partners, saving. "Anytime we have the opportunity to train like we fight, it enhances our ability to defend the ROK."



Republic of Korea Army military police watch as Enemy Prisoners of War are moved from U.S. to ROK custody at the International Transfer Point. ROK MPs joined the U.S. counterparts from 557th MP Company to practice prisoner-related tasks during Reception, Staging Onward movement and Integration/Foal Eagle exercise.

MPs _____ from Page 1

operations before coming," he said. "It was something new for us. We usually deal with law enforcement type duties and the cold weather gives us another new training experience."

As in a real-world situation, upon arrival at the training ITP, "prisoners" were searched for weapons and anything of intelligence value. They were photographed, fingerprinted and entered in the Department of the Army National



ROK MPs watch crouched prisoners after transfer of custody at the simulated International Transfer Point during the RSO&I/Foal Eagle exercise.

Detainee Reporting System before being given hygiene items, ID bracelets and ID cards.

Afterward, some were interviewed for intelligence information or just held awaiting transfer to the ROK Army.

Sgt. Audrey Villagomez, 368th MP Co., was enjoying her experience as the NCOIC of the in-processing center, "Working with the Koreans has been a great experience and the language barrier hasn't been as bad as we thought it would be. The ROK Army soldiers have been great at role playing our prisoners."

Even though this type of operation is new to the 368th MPs, things have been running smoothly with the help of the 557th MP Co. "We've been processing seven or eight prisoners an hour, the standard is five. This exercise is very realistic training and our unit may be doing a real-world mission similar to this one soon," said Staff Sgt. Lisa Fernandez, 368th MP Co.

Second Lt. James Pacheco, 557th MP Co., said, "This exercise is a great opportunity to train with our ROK Army counterparts and bring together a variety of elements that would be working together in a real wartime situation."

Courageous

from Pa

have their paperwork and NEO kits prepared and ready for any contingency," Hardin said.

"The participation of noncombatants is the most important aspect of any NEO training. Although we experienced great success this past fall, our goal is 100 percent participation during our Courageous Channel exercises. This will help in providing realistic training for both our military personnel who execute the mission and noncombatant personnel who must know what to do in an actual crisis

situation," Lt. Col. Joyce Jacobs, Chief, USFK NEO, said.

It is mandatory for all DOD-affiliated noncombatants, to include non-emergency essential U.S. Government employees, participate in the Courageous Channel exercise.

The participants will process through the Evacuation Control Centers to verify the completeness and accuracy of NEO packets and to become familiar with processing procedures.

AD

GOES

HERE

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New smoking policy takes effect

No walking and smoking for uniformed Soldiers, airmen in Warrior Country

By David McNally

Area I Public Affairs

CAMP RED CLOUD — The 2nd Infantry Division released an expansive smoking policy March 29.

"No Soldier in uniform will smoke while walking," according to a new policy memorandum signed by Maj. Gen. George A. Higgins, 2nd Infantry Division commanding general.

The policy says smoking by military personnel during duty hours will be restricted to designated tobacco-use areas. It also directs commanders to identify those areas.

"This policy is just one part of the division's efforts to create and sustain a true Warrior Culture," said Col. Anthony Ierardi, 2nd Infantry Division chief of staff. "By restricting smoking to designated areas either during duty hours or when in uniform, we are enhancing the Warrior image members of the 2nd Infantry Division present to both our military and civilian communities."

Earlier this year, Lt. Col. William Huber, U.S. Army Garrison, Camp Red Cloud commander, announced the formation of a special task force to eliminate the use of tobacco products on Uijeongbu Enclave installations.

Huber said the current EUSA policy restricts smoking within 50 feet of building entrances. The new 2nd Inf. Div. policy re-enforces this standard.

"If you draw a 50-foot zone in front of the entrance of our buildings, you will see there presently aren't many places to legally smoke under the current policy," Huber said, showing a Camp Red Cloud map with zones drawn around the buildings.

The new rules apply to all military civil service, Korean employees and contract personnel physically present on 2nd Inf. Div. installations.

"All cigarette butts will be properly disposed of; they will not be discarded on the ground," according to the memorandum.

"We have a great deal of support," Huber said.



The new 2nd Infantry Division policy re-enforces the existing 8th U.S. Army policy of a no-smoking zone within 50 feet of an entrance. At Camp Red Cloud Mitchell's Club, this zone extends past the parking lot. The policy applies to all DoD personnel, contractors and Korean employees.

"We are going to lead the way. As it is successful, it related diseases." will move on.'

Division officials said the policy is effective immediately; however, unit commanders are still engaged in designating smoking areas.

"As far as enforcement, it's the same as anything else," said Maj. Michael Lawhorn, 2nd Inf. Div. spokesman. "You can tell the Soldier to comply if they're violating a policy."

During the first meeting of the USAG, CRC task force Jan. 23, medical officials expressed strong support for the initiative.

"There is no bigger issue you could take up than this," said Capt. Neal Das, U.S. Army Health Clinic, CRC officer-in-charge. "Since 1964, 12 million Americans have died because of smoking and smoking

Das said smoking remains the leading cause of preventable death in the United States.

Commanders and leaders at all levels are responsible for enforcing this policy, the 2nd Infantry Division policy states. Violations of the policy by military members may be punished under Article 92 of the Uniform Code of Military Justice.

Camp Casey officials said they are reviewing options for dealing with civilian violators.

"We are considering is taking away vehicle decals for those caught violating the rules twice," said Anthony Vicente, USAG, Camp Casey deputy to the commander.

E-mail david.mcnally@us.army.mil

Warriors plan junior Soldier career fair

By Capt. Stacy Picard

Detachment A, 509th Personnel Services Battalion

CAMP CASEY —The 2nd Infantry Division will host a Junior Soldier Career Fair beginning at 9 a.m. April 27 at the Carey Fitness Center.

The full day of activities is designed to promote Army programs.

"The fair will provide information to Soldiers in the areas of branches, advanced schooling, special military programs and commissioning options," said Lt. Col. Alan Bernard, 509th Battalion Personnel Services commander.

Officials said the career fair will ensure Soldiers are aware of their

"Soldiers will visit dozens of booths and static displays educating them about the exciting opportunities available," Bernard said.

The target audience is enlisted Soldiers from privates to staff sergeants,

companygrade officers.

A display with brochures about the Military Police Corps, information

on the five military police functions and a military working dog demonstration will be part of the fair.

efforts."

"This is a great way to show others what the Military Police Corps is all about and a greater understanding of what we bring to the fight," said Lt. Col. Patrick Williams, 2nd Infantry Division provost marshal. "This is a great tool to support the Army's reenlistment efforts, as well as provide Soldiers with information about other opportunities to serve in the Army."

The fair will also highlight many

financial, "This is a great tool to support professional, educational the Army's re-enlistment and intangible benefits, like Thrift the

-Lt. Col. Patrick Williams

Savings Plan and tuition assistance.

"This program is a great investment in our Soldiers and their future in our Army," said Command Sgt. Maj. James Lucero, 2nd Infantry Division command sergeant major. "The 509th PSB has the lead, and has put together a tremendous program that will surely answer all the questions a Soldier may have."

Lucero said Soldiers need to know there is still a place for them in today's Army.

Officials said they hope this fair will empower Soldiers with knowledge to make their own career decisions even with uncertainty surrounding transformation within the military.

The units participating in the career fair will also compete for awards in several categories:

- **■**booth
- **■**briefing
- ■overall presentation
- ■demonstration

For information about the Junior Soldier Career Fair, call Maj. Harriet Jackson at 730-4751.

E-mail stacy.ann.picard@korea.army.mil

NEWS & NOTES

VFW Monthly Meeting

Veteran's of Foreign War Post 10215 holds meetings at 1 p.m. each second Saturday of the month outside the Camp Red Cloud main gate. The April 9 meeting will be to hold the post leadership elections for 2005-2006.

EEO-POSH Training

Camp Casey will host an equal employment opportunity and prevention of sexual harassment class 8-10 a.m. for nonsupervisors and 10 a.m. - noon for supervisors April 21 at the Second to None Club.

Talent Show and Dance

Better Opportunities for Single and unaccompanied Soldiers is hosting a Talent Show from 6 to 9 p.m. April 23 at Camp Stanley's Reggie's and an all-nighter dance from 9 p.m. – 2 a.m.

Ration Control

The Camp Casey Enclave Ration Control Office moved to Building 2322B across from Army Community Service. For information, call 730-3346.

Fashion Show

Better Opportunities for Single and unaccompanied Soldiers is hosting a casual and sportswear, business attire, and evening formal fashion show April 30 at the Camp Red Cloud Community Activity Center.

Volunteer Ceremony

The quarterly Volunteer Awards Ceremony will be held 11:30 a.m. – 1 p.m. May 17 at Camp Red Cloud Mitchell's Club. For information, call 732-7277.

Wireless Laptop Access

Camp Casey's Primo's Express and Warrior's Club now offer free wireless laptop access. For information, call 730-3400/2195.

Hot Stuff Pizza Delivers

Camp Red Cloud's Hot Stuff Pizza, located inside the CRC Lanes Bowling Center, now provides food delivery services to camps Red Cloud and Jackson. For orders, call 732-6458 or 732-9008 between 11:30 a.m. and 10 p.m.

Vocalists Needed

The 2nd Infantry Division Band is seeking male and female vocalists. Applicants must be a private first class, have six months left in country, present a professional appearance and comply with army height and weight standards. For information, call 732-6695.

Bowling Center Hours

The Camp Casey Bowling Center's new hours of operation are 11 a.m. to 11 p.m. Monday – Thursday and Sunday, and 11 a.m. - 1 a.m. Friday and Saturday The center will be closed on Tuesdays.

Camp Stanley troops get new PSB

By Spc. Stephanie Pearson Area I Public Affairs

CAMP STANLEY — For Soldiers of the Uijeongbu enclave, taking care of personnel actions is no longer a reason to break into a sweat.

The new offices of Detachment B, 509th Personnel Service Battalion opened with a ribbon-cutting ceremony April 1. Now the offices are more conveniently located across from the Camp Stanley Physical Fitness Center.

"This move brings us closer to you," said Maj. Harriet Jackson, Headquarters and Headquarters Detachment, 509th PSB. "No longer does a trip to the PSB require a forced road march," she joked, referring to the uphill trek Soldiers used to make to the old offices on a hill.

The move was part of a plan to create a centralized area of operations on Camp Stanley, said Col. Ross Ridge, Division Artillery commander.

"We were trying to centralize a town footprint," Ridge said. "We've got the new PX, education center, fitness center and now the PSB here. Soldiers don't have to go uphill to get things done, and I think they will benefit from that."

"Plus," he said, "Soldiers that come from Camp Red Cloud don't have to ask for directions – it's just down the hill. You don't normally get to say that here. Everything is usually 'up the hill."

The Soldiers and employees of the PSB say they appreciate the new



SPC. STEPHANIE PEARSON

Pfc. Park Kun-ho, (left) helps Spc. Matthew Stokesberry with his enlisted records in the new PSB office April 1.

building as much as their customers will.

"The building is better, and the location is much better," said Pfc. Brandon Atkins, an enlisted records clerk. "Now we don't have to climb any hills to get to work, so I'm glad about the move."

The new offices are located in the building the old education center vacated when it moved to its current location.

"Last year when we were looking at facilities that needed upgrading, we were wondering what to do with the old education center," Ridge said. "It's a very significant achievement, especially in a time of tight budgets, that we were able to secure the funds for this move."

The Morning Calm Weekly

Ross said the change was important. "There is a lot of work that goes

on in the PSB that most people don't realize," he said. "They see as many as 50 people a day."

Atkins said business has picked up now that they are in a new location.

"It seems like we service more customers since the move," he said.

E-mail stephanie.a.pearson@us.army.mil

Camp Stanley recognizes women's contributions

By Spc. Stephanie Pearson Area I Public Affairs

CAMP STANLEY— Warriors gathered March 30 at Reggie's Club to honor women with an International Women's Day luncheon.

Area I Command Sgt. Maj. Yolanda Lomax, the guest speaker, surprised the audience by coming out dressed as Sojourner Truth, a former slave who fought for women's suffrage during the mid-1800s

"Tomorrow will officially end the observance of women's history month and all our contributions," Lomax said, "but I stand here to tell you that tomorrow is just another day. We should recognize women's contributions throughout the entire year."

In keeping with this year's theme, "Women Change America," Lomax talked about prominent American women throughout history and lauded their accomplishments. As she spoke about the women, local female Soldiers dressed as each of the famous ladies came out and walked around the room. These figures included Clara Barton, founder of the Red Cross, and Rosie the Riveter, the poster-child for working women during World War II.

"The presentation was very inspiring," said Pvt. Lillian Rivera, Company B, 602nd Aviation Support Battalion. "It really sent a good message, especially to the men in the audience. It shows that we are here, we are a part of the military and we should be treated as equals."

That was the message Lomax wanted to send.

"We should recognize the importance of the role of the American woman," she said. "It should not be discounted or misrepresented in American history."

Many female Soldiers in attendance were happy for the acknowledgment.

"Women don't often get recognized, so it's good to have something like this to remind everybody that we are an important part of society and the military," said Pfc. Renee Widell, Company B, 602nd Aviation Support Battalion.

"If the first woman God ever made was able to turn this world upside down all alone," Lomax quoted from Sojourner Truth's famous speech, "these women ought to be able to turn it right side up."

E-mail stephanie.a.pearson@us.army.mil

Chefs compete for top Korean food title

By Pfc. Giancarlo Casem 2nd Infantry Division Public Affairs

CAMP CASEY — Second Infantry Division cooks competed in a first-ever Korean Food Competition, March 23.

"Competition is good," said Brig. Gen. Charles Anderson, 2nd Infantry Division assistant division commander for support. "You get to demonstrate skills that you normally don't get to."

Anderson said the competition also enhanced relationships between Soldiers and their Korean counterparts.

"With better Soldiers, come better neighbors," he said.

The Soldiers didn't just learn how to cook Korean food, they also learned about the Korean culture.

Five teams participated in the event: the 1st Headquarters Brigade Combat Team, Division Artillery, the Aviation Brigade, the Division Support Command and the 302nd Brigade Support Battalion.

Each team was required to prepare three Korean dishes: beef bulgogi, sweet and sour pork, and tak boe keum stir-fry spicy chicken.

Division dining facilities recently See **Food**, Page 8

April 8, 2005 http://ima.korea.army.mil/morningcalmweekly

Area officials urge ration control vigilance

Area I

By David McNally Area I Public Affairs

hen authorized shoppers intentionally purchase commissary and exchange goods in excess of their personal needs, Area I installation management officials get involved.

At Yongsan Army Garrsion, officials evaluate purchases Koreawide for possible violations of U.S. Forces Korea Regulation 60-1, the definitive word on ration control in Korea.

When a commissary shopper buys an item, that person's identity and purchase are linked in a massive computer database.

In an August 2004 report, an Area I customer purchased 32 packs of chicken, 16 packs of beef franks, 11 cans of mixed nuts, and seven 20-pound bags of rice in one month. The same shopper made similar purchases over six months.

In January, officials found a Camp Stanley Soldier had purchased 46 bags of rice, totalling 920 pounds in one month.

"Actually, it is against the 60-1 to purchase an excessive amount," said Joy Kelley, a Camp Red Cloud ration control offical. "It is subjective, but 920 pounds of rice, by anyone's



Excessive purchases may generate a customs report to a shopper's commanding officer.

standard, would be excessive in one month."

Kelley said she loves rice, "but I don't think we could eat that much in one month."

Kelley issues ration control cards and performs routine ration checks for the Camp Red Cloud Enclave.

A single authorized shopper can spend \$450 a month at the commissary.

Officials said the limits are based on family size rather than rank.

When USFK customs officials suspect a shopper of overpurchasing, they generate a report for that person's commanding officer. The report asks the commander to review the purchases and recommend action.

If a case is referred to installation management officials, the area commander has the authority to revoke a ration card.

Lt. Col. William Huber, U.S. Army Garrison, CRC, commander, confiscates

a violator's ration card while the case is being reviewed by the area commander.

"The garrison commander is taking a proactive approach," Kelley said.

"I have five requests for reinstatement in my inbox right now," said Col. Jeff Christiansen, Area I commander. "We're always vigilant about ration control."

"If you observe a person purchasing numerous like items on a regular basis, you should notify an investigator, who will initiate an inquiry," said Victor Lowe, USAG, Camp Casey plans, training, mobilization and security director.

Lowe said specific incidences require a more immediate response.

"If you observe a shopper placing something like 19 packages of oxtails and seven 20-pound bags of rice into a vehicle in the commissary parking lot, you should call the MP desk immediately," Lowe said.

Lowe said the military police desk may dispatch a patrol to investigate.

Kelley said she warns people about overpurchasing when they apply for a ration control card.

"I show them that every purchase they make is in our computers," Kelley said. "If someone approaches them and asks them to purchase something in the

See **Vigilance**, Page 8

Field artillery unit hosts brothers-in-arms

By Spc. Stephanie PearsonArea I Public Affairs

CAMPSTANLEY — A battery of field artillerymen recently traveled thousands of miles to train with their brothers-in-arms in the Republic of Korea as part of the 2005 Reception, Staging, Onward movment and Integration exercise.

Eighty Soldiers from Battery A, 1st Battalion, 27th Field Artillery Regiment, left Babenhausen, Germany, March 1 to integrate with 1st Battalion, 38th Field Artillery Regiment, at Camp Stanley.

"We're here to conduct RSOI operations and show support for our South Korean allies," said Capt. Will Daniel, Battery A, 1-27 FA commander. "The plan was to come to Korea, draw a battalion's worth of equipment, build combat power and ultimately conduct a live-fire exercise – basically, conduct our wartime mission. It's been very successful."

The RSOI exercise is an annual scheduled combined and joint exercise, involving U.S. and Republic of Korea forces, designed to provide training in the various aspects of reception, staging, onward movement and integration, as well as focusing on rear area security and sustainment operations.

The exercise demonstrates U.S. commitment to the Korean and U.S. alliance and enhances combat readiness of supporting forces through combined and joint training. The exercise is defense-oriented and designed to enhance readiness and the ability to defend Korea against external aggression.

"We've done RSOI before, but never where we fall in with someone else and use someone else's equipment," Daniel explained, "That's challenging. But the hardest part was just overcoming jet lag."

However, Daniel said the excruciating journey was worth it.

"Germany is probably the furthest place you can deploy to Korea from," he said, "so this shows that

Yu Hu-son

Soldiers of Battery A, 1st Battalion, 27th Field Artillery Regiment, fire an M270-A1 Mulitple-Launch Rocket System as part of an integration exercise.

the Army can still deploy troops here if necessary, despite commitments elsewhere."

While in Korea, the troops from 1-27 got the chance to experience a different part of the Army and work with new equipment.

"We're part of Fifth Corps Artillery, so it was neat to see what it's like working with a division," Daniel said. "We also got to train on the M270-A1 Multiple-Launch Rocket System, which is different from the ones we use back in Germany. We trained our Soldiers, and then got to conduct a live-fire exercise with 1-38."

The Soldiers of 1-27 were excited to have the opportunity.

"It's a change of scenery," said Spc. Prisciliano Trevino, Battery A, 1-27. "The exercise has been great – partly hard, partly easy. We got to train on different equipment, which was good – I was accustomed to working on the same things over and over, so this

See **Artillery**, Page 8

Vigilance

from Page 7

commissary, they should know they will be caught."

At the Army and Air Force Exchange, sales people document the sale of certain high-value items with an anvil card.

Customs officials track purchases of items like washers and dryers, golf clubs and big-screen televisions.

"Alcohol purchases are also tracked through anvil cards," Kelley said.

Shoppers are limited on how

much beer they can purchase per month, as well.

Kelley said people who do not intentionally overpurchase should not be concerned about ration control measures.

"If you're not doing anything illegal, you don't have anything to worry about," she said.

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Family Size	Commissary	Alcohol
Single	\$450	3 bottles
2 persons	\$700	5 bottles
3 persons	\$900	5 bottles
4 persons	\$1,050	5 bottles
5 persons	\$1,250	5 bottles
6+ persons	\$1,450	5 bottles
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Marshal at 730-4417
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ILLUSTRATION BY DAVID McNaL

Artillery_

from Page 7

gave me the chance to learn more about the new launching system. It helps prepare us to join new units when we leave 1-27."

Their hosts in 1-38 said they were just as glad to have them.

"It's been absolutely one of the most fun experiences I've had in the Army," said Capt. Brendan Toolan, Battery C, 1-38 FA commander. "It's a different world they come from, and we've gotten to exchange ideas. Getting to meet new people is the best part – it's a small Army, and I'm sure we'll see these guys again."

Although training has ended and 1-27 is preparing to go back to Germany, 1-38 didn't want them to leave without

experiencing some Korean culture. As a reward for all their hard work, 1-38 paired with the USO to take their guests on a trip to the War Memorial of Korea in Seoul March 25 (*see a related story on page 16*) followed by an afternoon in the popular tourist district of Itaewon.

"It's a chance for them to get the full Korean experience to take back with them," Toolan said, "and an end-of-training reward. This isn't easy stuff we're doing."

Daniel said the entire process was a great success for his battery.

"Motivation has never been higher," he said.

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Food

from Page 6

started to offer these dishes.

"We now offer Korean entrees in the division, this will help us better serve the Soldiers," said Chief Warrant Officer Lena Tull, division food advisor.

Soldiers had to complete the threecourse meal. They also had to overcome the challenge of being in a new kitchen.

"This is my first competition, so I'm learning," said Spc. Tomicka Johnson, 302nd Brigade Support Battalion. "I'll take the experience and just work with that. I'm just kind of winging it. You have to find everything as you're working."

Competitors were judged on taste, color and texture.

Judges included distinguished guests such as Anderson and senior ROKA staff members. The panel also included senior division Korean Augmentation to the U.S. Army Soldiers

The Korean cuisine helps increase morale, especially for KATUSAs, Tull said.

"When we enhance skills in Korean cooking, we provide them with a better quality product."

The panel announced the winners:

- ■Best Bulgogi DIVARTY
- ■Best Tak Boe Keum DISCOM
- Best Sweet and Sour Pork Aviation Brigade

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A D

GOES

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April 8, 2005

Page 9

FED base development team provides support to RSO&I

By Gloria Stanley

U.S. Army Corps of Engineers

YONGSAN — From building temporary housing facilities to troop medical centers, the Far East District, U.S. Corps of Engineers, Base Development Team, participated during Reception, Staging, Onward movement and Integration throughout the peninsula March 18-25.

The BDT's mission is to provide support to engineering projects from U.S. Forces Korea, Eighth U.S. Army, Air Force, Navy and Marines during armistice and, if needed, during a realworld contingency.

"We support major commands and tenant units throughout the peninsula by the Theater Construction Management System," said Jason Kim, BDT coordinator. "A major benefit of TCMS is that it contains a ready, viable preinstalled engineering database that includes sketches and building material lists which we can use to respond to customer requests."

Many of the team's projects consist of building temporary facilities, like base housing for military units coming from the United States, defense fighting positions, troop medical centers and covered storage facilities.

"When we build a base camp, we add all the amenities like tents, water, sewer and electricity," said Kim. "A project could be as simple as constructing outdoor lighting to digging a foxhole."

Currently, the BDT has an ample supply of construction material.

"Throughout Korea each U.S. facility has a stock of construction materials, such as lumber and pipes," said Kim.

He emphasized that a contingency would quickly reduce the construction materials currently on hand.

"The stock can be rapidly used up during contingencies on the peninsula, thus the commanders need a plan to replenish with supply materials," said Kim. "They will first use the materials on hand, but if that isn't enough, they will have to tap into local sources."

Another tool for the BDT is the Geographic Information System database.

"Our GIS database contains photo images of all U.S. facilities located throughout the peninsula," said Kim. "We can use these photos to graphically plot a potential facility on a photographic map."

Currently, the BDT is a five-member team that handles all construction workloads requested by major commands and tenant units.

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Yongsan celebrates Arbor Day

Military, Korean communities come together for holiday

By Cpl. Park Jin-woo

Area II Public Affairs

YONGSAN— "This is a beautiful day for planting trees. We are blessed with good weather, good people and good trees. I hope that these trees we will plant today grow strong and tall to serve our lasting friendship between the United States and the Republic of Korea." said Col. Timothy K. McNulty, commander, Area II Support Activity, at the 2005 Arbor Day ceremonial tree planting Monday.

Each year on the fifth day of April, the Korean peninsula takes time to observe a national Arbor Day. In honor of this tradition, the Area II commander and the Yongsan-gu mayor come together with Soldiers and members of Yongsan-gu to help make Korea and Yongsan a more green environment.

"The Korean Arbor Day event is a very precious and meaningful event to hand over a green environment to the next generation," said Park Jang-kyu, Yongsan-gu mayor. "In this 60th Republic of Korea Arbor Day, this ceremony provides more meaning by exchanging trees with each other between Korea and America."

This year's initial on-post ceremonial tree planting was held in front of the new Yongsan helipad that is currently



Col. Timothy K. McNulty, commander, Area II Support Activity (center) and Park Jang-Kyu, the mayor of Yongsan District (right) plant Mugunghwa, the national flower of Korea together on Arbor Day near Hannam Village.

under construction. A single tree presented by the Yongsangu was planted by McNulty, Park and other key members from the two communities.

installation but also in our hearts to ensure a long lasting friendship between our two peoples," said McNulty, as he picked up the shovel himself and lay soil above the tree roots.

"As we plant this tree, we plant it not only on this U.S.

Along with the on-post ceremonial tree planting, nearly 40

See Arbor, Page 11

Outreach program inspires compassion among Area II residents, 8th PERSCOM

By Sgt. 1st Class Patricia Johnson and Alex Harrington

8th Personnel Command/Area II Public Affairs

YONGSAN — On a bright day a gathering of Area II residents visited a group home for the handicapped, located in Bucheon March 19.

Their purpose was not only to bring with them monetary donations, food and musical instruments to hopefully spread joy and happiness to disadvantaged Korean citizens, but also to find a solution to save the community from being evicted from their home.

The group home, called "Shalom House," was established in November 1995, for Koreans who are mentally and physically disabled, and therefore alienated from their families. They live in humble accommodations [container boxes with only two bedrooms] that don't fare well against the extreme temperatures common to Korean winters and summers.

Pak Ki-soon the senior coordinator and resident at the Shalom House, oversees 27 mentally and physically disabled Korean children and adults.

Pak named the facility because it means "peaceful state of mind and sense



Lt. Col. Paul Smith, 8th PERSCOM chief of staff, takes a few minutes to pray with Byun Yong-jun, one of Shalom House residents, during the ROCK Outreach Friendship day with the residents of

of well-being" in Hebrew.

ROCK Outreach Program

In December 2004, Mike Hagen, a parishioner at one of Yongsan's chapel services, "Relying On Christ in Korea," partnered with 8th Personnel Command to spearhead the ROCK Outreach Group to help support the

Shalom House.

"About two years ago, Gen. Leon LaPorte established the 'Good Neighbor Program,' and the Installation Management Agency-Korea Region identified the Shalom House as

See **Shalom**, Page 10

Shalom

a group potentially eligible for unit or organization sponsorship," Hagen said.

Each month, caring individuals from the ROCK and residents of Area II go to the Shalom House to provide community service. However, each one finds there is something more there than just the opportunity to provide a community service.

"The ROCK Outreach Group members take time out of their busy schedules and try to be good neighbors toward the Shalom House," said Hagen. "To be perfectly honest, we are very much involved with the Shalom House, and each time we go there we find our hearts cry out for them."

Their main focus now is to get the word out about the Shalom House's plight and their need for financial support.

"The biggest thing we can do is to get awareness out to both communities (United States Forces Korea and Korean citizens)."

Last month the ROCK donated \$4,700 to the Shalom House, but Hagen said it's not enough to meet their basic needs.

"We don't have enough funds or resources to get (the handicapped community) a new place that meets Korean government standards. But with our monthly visits and getting caring people to help out, we can make a difference," he said.

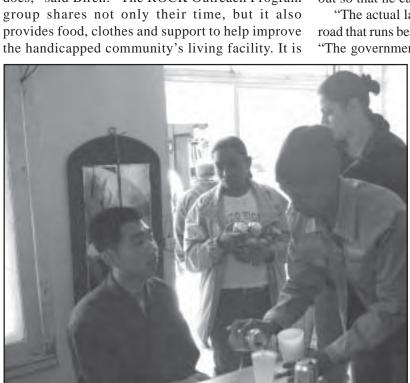
And caring people are helping out, according to

"Friendship involves reaching out to people," said Col. Michael Harris, commander, 8th Personnel Command. "And we are committed to our friendship with our Korean neighbors ... to all of them, even to all those who are at a disadvantage and neglected by society.

"The program," emphasized Harris, "is a great example of the United States Forces Korea commander's 'Good Neighbor Program,' which optimizes America's friendship, support and concern for others. The Shalom House gives us a chance to give back to the Korean community and to show our Korean neighbors we are committed to the alliance, and more so, to each one personally."

U.S. Army Chaplain (Maj.) Carleton Birch, one of the pastors overseeing the ROCK, helped Hagen establish the ROCK Outreach Program. Soon after, they connected with Pak from the Shalom House.

"I am very proud of this program and what it does," said Birch. "The ROCK Outreach Program



First Sgt. Shannon Caviness, Headquarters and Headquarters Company, 8th PERSCOM, assists with serving drinks to Yi gang-min, a resident of the Shalom place," he said. House during a Friendship Day of Sharing at the facility.



Andrew Holsclaw, son of Willie and Christie Holsclaw, members of the ROCK Outreach Program and church, plays ball with Yi Suk Hun, one of the disabled residents of the Shalom House.

a way to show others that Americans in Korea care about their host nation and its citizens."

Area II

Forced to move

The Shalom House's issue of the possibility of being evicted has been raised within the ROCK Outreach Program and among its participants.

According to Hagen, the Shalom community has to leave their residence by July 2005 for two reasons.

"The Korean government states that the facility does not meet government standards for the handicapped," said Hagen, "and there is no government assistance to help them find another place that meets those standards.

"However, the Korea Health & Welfare Agency will assist them once they find a place to live. But ... they will not help them find a place, which is the core issue."

The other reason the Shalom community has to leave is because of the current lease, which ends July 2005, and the owner of the facility wants them out so that he can build a parking lot, said Hagen.

"The actual land is going to be used to extend the road that runs behind the Shalom House," Hagen said. "The government has offered the owner of the land

> money for the property. Once the Shalom House people leave, they will level the buildings and connect the road that runs from behind the Shalom House."

Unfortunately, Hagen indicated that there is no governmental social protection for the Shalom House. "The Shalom House was notified over a year ago and has been trying to find a place ever since the notification by the Korean government. The problem with the Shalom House is that they live in a facility that is not sanctioned by the Korean government. The Korean government has granted them extensions in the past, but due to the great needs of the Shalom House, no person or agency has been willing to provide any support or offer assistance in finding them a

"Also, many residents of the Shalom House used to be in government-sponsored homes. But, due to a lack of proper care, they left and came to the Shalom House," Hagen added.

Currently, the ROCK church and other caring individuals are trying to raise awareness for the Shalom House, so they might generate financial and volunteer support.

"The Shalom community wants to build a new building to work and live in, but funding is a significant problem. They have received only a few donations from local churches, like the ROCK," said Hagen.

Because of their mental and physical disabilities, few of the Shalom community residents receive disability pay -- a small government stipend of less than \$100 per month.

Others try to sell small accessories at various bazaars and markets, like Namdaemun market in Seoul.

However, collectively they do not receive enough to cover their basic living expenses and pay off their existing loan of five million won.

"To make matters worse," Hagen said, "their family members disowned them because of their disability. It was for this reason the Shalom House was founded by Mr. Pak."

How to help?

Hagen emphasized that prayer and financial donations are greatly needed.

"Everyone can help through prayer. No matter what we want to do ... God [has to be a part of this]."

"Also, financial donations are always needed. We have bank information for those who want to donate. In addition, we are working with individuals back in the States for further financial support.

Hagen, with tears in his eyes, said "I guess what hurts me more is that I can not do more for them than what I am doing. As a volunteer, my family and I spend much time with the Shalom House people. They are the most loving and caring people you will ever meet. They have such an amazing faith in God. Once anyone spends just a little time with the Shalom House, they will truly experience a blessing."

To help by donating or giving time, call 7913-2374 or e-mail: mhagen_62@yahoo.com.

Arbor

Soldiers from Headquarters and Headquarters Company, Area II Support Activity, joined with Yongsan-gu's community service organizations, including members of the Yongsan-gu office and the Yongsan district environmental protection group, to plant more than 2,000 trees adjacent to Mt. Maebong.

"We welcome all members, including Eighth U.S. Army, who are also a part of our community," said Park.

The area where HHC Soldiers and Korean officials planted the trees was infamously known as a trash dump back in the 1960s.

"The site was previously a drivers license test course where people used to dump their trash," said Kim Min-ja, a member of the Yongsan district environmental protection organization. "But now it has been cleaned up in part of a plan to turn Hannam-dong into a valley abundant of Mugeung-hwa trees."

American Soldiers who took part in the day's tree-planting ceremony enjoyed the opportunity to make a difference in the environment, as well as to build positive relationships with their Korean neighbors.

"When these trees grow they will be very strong and they will symbolize the relationship that we have with Yongsan-gu," said Sgt. Nickola Noble, HHC, Area II Support Activity. "After all, we are citizens of Yongsan just like anybody else."

Parkjinw@korea.army.mil

Area II Celebrates Women's History Month

Area II



PHOTOS BY CPL. PARK YUNG-KW

(Left) Col. Timothy K. McNulty, Area II commander, thanks the members of the Girl Scouts of America Reader's Theater, following their presentation of "Women Change America" during the Area II Women's History Month Commemoration Ceremony at the Yongsan Multi-Purpose Training Facility.

(Right) As a part of the ceremony, The Women of Faith South Post Chapel Yongsan delivered a God's message through song presentation, "Worthy and Trouble Don't Last Always."





Community Events, Classes and Meetings

Best Ball Golf Tournament

304th Signal Battalion will host 'Best Ball Golf Tournament' at 1 p.m. April 25 at Sungnam Golf Course. For information, call 722-4458.

Area II Intramural Softball League

Area II Intramural softball league will start April 30. Those who want to participate in the program are asked to register by April 18 at Yongsan Sports Center. For information, call 736-4032/7746.

Aggie Muster

The Aggie Muster event will be held at noon April 23 at South Post Picnic Area #1. All former students and friends of Texas Aggie

Community News

Muster are invited to the annual event in honor of Aggies who have gone before. For information, call 011-9495-0622 or e-mail mwskorea@yahoo.com.

Movies and Opera

Geuddae Geusaramdeul

The movie, 'Geuddae Geusaramdeul,' about the historical event of President Park Jung Hee's assassination, will be screened with English subtitles through Thursday in Joongang Cinema. For information, call 776-9024.

Exhibitions and Festivals

7th Women's Film Festival

The seventh Women's Film Festival will be held today - April 15 at Artreon Theater in Sinchon. The festival will introduce eighty films on screen which show the current trend of feminist movies. Many films will be screened with English subtitles. For information, call 583-3598.

Foreign Language Fair Seeks Judges, Volunteers

The Third Annual Foreign Language Fair and Competition will be held April 21-22. A variety of activities and competitions for students of Korean, French, German and Spanish will be offered. For information, call 797-3666 or e-mail questions to Laurie.Clark@pac.dodea.edu.

CYS Community Fun Fair

CYS Community Fun Fair will be held 11 a.m. -

3 p.m. April 23 at the Yongsan Child Development Center in order to celebrate the Month of the Military Child. Activities will include martial arts demonstrations, dance performances, games and face painting. For information, call 738-5556.

3rd World Ceramic Biennale

The Third World Ceramic Biennale will be held with the theme of "Ceramics: The Vehicle of Culture" for 58 days from April 23 - June 19 in Icheon, Yeoju and Gwangju. For information, call 031-631-6504.

Religious Activities

Passover Seders in Seoul

Seders will be held at 8 p.m. April 23 – 24 at the Religious Retreat Center. Reservations are required. For reservations or information, e-mail sanlando@yahoo.com or oxmanb@korea.army.mil

Spirit Warrior 2005

Spirit Warrior 2005, "A Warrior's Truth" will be held April 29-30 at South Post Chapel. Free lodging is available for attendees traveling to Area II. For information, call 738-4043/723-8716 or e-mail grandinj@korea.army.mil.

Submitting to TMCW

To submit items to Area II Community News, send all pertinent information to harringtona@korea.army.mil.

NEWS & NOTES

Host Families Sought

The U.S. Forces Korea Good Neighbor program is hosting an English Camp May 17 - 21. Yongsan area families are needed to welcome Korean 10th-grade students into their homes to help immerse them into an English-language family environment. While the camp is in session, students will attend organized daily activities at bases throughout the country. Afterwards, they would join their host family to enjoy an American evening at home, including dinner and other normal family activities. Families willing to support this program should contact Kevin Krejcarek, USFK Community Relations Office, at 723-6085.

NEO Exercise

The Courageous Channel NEO exercise will be conducted April 28-May 1 in Area II. All military and emergency essential DoD civilian family members, non-essential DoD civilians, invited contractors, technical representatives and their families are required to participate.

Evacuation Control Centers at Collier Field House and the Hannam Village Chapel will be in operation from 6 a.m. -8 p.m. April 28 - 29, and 8 a.m. -4 p.m. April 30.

For information, call 738-3291 or 738-3429.

Star

from Page 3

It also symbolizes respect and tribute above and beyond the highest military rank.

In addition to the various activities, USO and the many sponsors of the event treated the servicemembers with a number of giveaways, prizes and, for two lucky American and Korean soldiers, scholarships to aid in continuing their educations.

The USFK recipients were Sgt.



Republic of Korea Army soldiers pose for a picture in front of The Blue House. Eighty servicemembers from the ROK military, United Nations Command and U.S. Forces Korea toured the presidential compound as part of the USO Six Star Salute.

LaDonna Jenkins, 2nd Infantry Division, and Pfc. Nicole Douglas, 19th Theater Support Command. The two Soldiers, along with their ROK counterparts, each received \$2,500 from DaimlerChrysler Korea.

"This is such a blessing," said Jenkins, who was nominated for the scholarship and for six star recognition after winning her battalion and brigade soldier of the quarter boards, and who will use the scholarship to pursue a degree in communications. "I am so glad I went to the boards and to have it lead to something like this is amazing."

While many U.S. honorees called the pampering and the many gifts the best parts of the trip, for Air Force Staff Sgt. James Shin, it was the March 31 banquet that stood out.

"The organizers really went out of their way to make the banquet special," Shin said. "The whole evening was nice. We got the royal treatment and met some very nice people."

Jenkins agreed. "I sat with the sponsors who provided my scholarship and they really made me feel like it was my night," she said. "The whole evening was special because you could feel how apprecaited you were for serving here."

For many ROK participants, it was the tour of The Blue House grounds that left the biggest impression.

"It gives me great pleasure to be here, in the Blue House, especially here



Dr. Yoon Kanghoon, PhD, representing the Korea Monorail table sponsor, places the USO Six Star medallion around the neck of Air Force Staff Sqt Shin, 7th Air Force, during a group recognition of 80 exemplary enlisted personnel from the Republic of Korea military, United Nations Command and United States Force Korea hosted by the USO in the Hyatt Hotel Grand Ballroom, March 31.

together with American Soldiers whom I did not have an opportunity to meet with during my life in the military," said ROK Army Cpl. Yun Sung-hyun, 37th Infantry Division. "And it's a great opportunity for me to meet and talk with some American Soldiers."

Sgt. Osamu Asato, an honoree from 501st Military Intelligence Brigade, who lived in Korea until age 18 as the son of an Army NCO, said he understood a visit to the presidential mansion is rare for Korean citizens, so the ROK personnel see it as a great honor.

"I actually came before when I was younger, but for the Korean soldiers this is a chance most would never get otherwise," Asato said. "I can see how it would be special to them."

By the end of the two-day event, many of the honorees felt overwhelmed by the attention. "I haven't eaten this much in my life," Asato said. "The whole experience has been like that, though. Everyone has gone out of their way to treat us well."

For others, it was a welcome change.

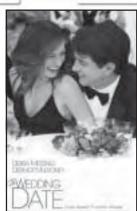
"We have things pretty good at Osan Air Base, but it was still nice to come here and to be treated so well," Shin said. "If this is how generals get treated, I think I could get used to it."



AAFES THEATER	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
CASEV 730-7354	Boogeyman PG-13	Boogeyman PG-13	The Ring Two PG-13	The Ring Two PG-13	Pooh's Heffalump Movie PG-13	Are We There Yet? PG	Are We There Yet? PG
ESSAYONS 732-9008	Alone in the Dark R	Phantom of the Opera PG-13	White Noise PG-13	No Show	The Wedding Date PG-13	Are We There Yet? PG	The Ring Two PG-13
HENRY 768-7724	Phantom of the Opera PG-13	Are We There Yet? PG	Boogeyman PG-13	Robots PG	No Show	No Show	No Show
HUMPHREYS 753-7716	The Ring Two PG-13	The Ring Two PG-13	The Ring Two PG-13	Are We There Yet? PG	Are We There Yet? PG	Boogeyman PG-13	Boogeyman PG-13
HIALEAH 763-3120	Robots PG	Alone in the Dark R	The Wedding Date PG-13	No Show	No Show	No Show	No Show
HOVEY 730-5412	Are We There Yet? PG	The Ring Two PG-13	Are We There Yet? PG	Boogeyman PG-13	The Ring Two PG-13	Boogeyman PG-13	Son of the Mask PG
KUNSAN 782-4987	The Pacifier PG	The Pacifier PG	Boogeyman PG-13	No Show	Boogeyman PG-13	Phantom of the Opera PG-13	Phantom of the Opera PG-13
782-4987	PG	PG	PG-13		PG-13		Opera PG-13



Alone in the Dark A supernatural detective named Carnby travels to Shadow Island to solve the mystery of a friend's death. While there, he discovers the secrets of the Abskani, an ancient tribe that worshiped demonic forces which gave them incredible powers. Carnby's findings suggest that the Abskani are poised to return to take over the world. With the help from his former girlfriend, an archeologist who has the knowledge to stop the demons, Carnby must fight against their attempts to take over his mind and to conquer the Farth



The Wedding Date Kat Ellis's worst nightmare is about to come true. Not only is her younger, halfsister, Amy, getting married before her, but to add insult to injury, the groom's best man is Kat's ex-fiancée, Jeffrey. Unable to bear the thought of attending alone, she hires an escort to play her boyfriend. Her rented date, fits the bill perfectly. He's handsome, intelligent, well spoken, and a perfect gentleman. The plan? Make Kat's ex sorry that he ever left her.



In Good Company Dan is demoted from head of ad sales in a corporate takeover. His new boss, Carter is half his age—a business school prodigy who preaches corporate synergy. Both men are going through turmoil at home. Dan can't afford to lose his job in the wave of corporate layoffs. Dan and Carter's relationship is thrown into jeopardy when Carter begins an affair with, Dan's daughter.



Phantom of the Opera -- A disfigured musical genius haunts the catacombs beneath the Paris Opera, waging a reign of terror over its occupants. When he falls fatally in love with the lovely Christine, the Phantom devotes himself to creating a new star for the Opera, exerting a strange sense of control over the young soprano as he nurtures her extraordinary talents. He wants Christine for his own, but Christine falls in love with Raoul. Feeling betrayed, the Phantom decides to kidnap her and imprison her with him in his lair.



The Ring Two Sequel to the horror flick The Ring, Naomi Watts reprises her role as Rachel Keller, who, six months after the events of the first film, moves to Astoria, Ore., with her son, Aidan, to escape their memories of what happened in Seattle. When a few locals start dying, however, and a strange, familiar videotape reappears, Rachel becomes aware that the creepy Samara is back and after Aidan.



The Pacifier -- An undercover agent fails to protect an important government scientist and then agrees to look after the man's five out-of-control kids when they are suddenly thrust into danger. Now, he's finding what tough really is when he pits his combat skills against diapering, denmothering and drivers training.

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AAFES THEATER	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDA
LONG 721-3407	Constantine R	No Show	Constantine R	Elektra PG-13	No Show	No Show	No Show
05AN 784-4930	Miss Congeniality 2 PG-13	Miss Congeniality 2 PG-13	Miss Congeniality 2 PG-13	The Wedding Date PG-13	The Wedding Date PG-13	Boogeyman PG-13	Boogeyman PG-13
RED CLOUD 732-6620	The Ring Two PG-13	Are We There Yet? PG	Are We There Yet? PG	Boogeyman PG-13	Alone in the Dark R	No Show	Miss Congeniality 2 PG-13
STANLEY 732-5565	Are We There Yet? PG	Boogeyman PG-13	Boogeyman PG-13	Pooh's Heffalump Movie PG-13	No Show	Miss Congeniality 2 PG-13	Son of the Mask PG
YONGSAN I 738-7389	Miss Congeniality 2 PG-13	Miss Congeniality 2 PG-13	Miss Congeniality 2 PG-13	Boogeyman PG-13	Boogeyman PG-13	Boogeyman PG-13	Boogeyman PG-13
YONGSAN II 735-7359	Miss Congeniality 2 PG-13	Pooh's Heffalump Movie PG-13	Pooh's Heffalump Movie PG-13	Are We There Yet? PG	Are We There Yet? PG	Racing Stripes PG	Racing Stripes PG
YONGSAN III 739-7389	Phantom of the Opera PG-13	Pooh's Heffalump Movie PG-13	Pooh's Heffalump Movie PG-13	Shark Tale PG	Shark Tale PG	Spongebob Squarepants Movie PG-13	Spongebob Squarepants Movie PG-13

earning to finish strong race of life

By Chaplain (Capt.) Thomas B. Vaughn Jr.

Installation Chaplain, Camp Long/Camp Eagle

As a woman was driving home, the rain was coming down hard, making it difficult to see. She could just make out taillights that seemed to be going in the right direction, so she followed the car in front

Suddenly, the car in front stopped. It was still raining hard and she worried that being stopped in the road might cause an accident. Then, the car in front of her turned off their lights. Her concern now turned to aggravation. Why was this person stopping in the middle of the road and turning off their lights? Suddenly, she was startled by a knock on her window.

She looked and saw a man standing in the rain wanting to speak to her. She cracked the window open and asked what the problem was. He said, "That's

what I was going to ask you." To which she responded, not to carry excess pounds if they're intent on winning. "I'm not the one who stopped in the middle of the road and then turned off their lights!" To which the man said, "We're not in the road. We're in my driveway."

Many times in life we get off to a good start, but then face storms that make it hard for us to see the road ahead. Rather than pull over and wait out the storm or ask for help, we attempt to make it on our own. Such determination is great, unless you end up following the wrong leader and find yourself parked somewhere in life you don't want to be.

So how do you finish strong in the race of life? First, remember that others have run this same race before you. The struggles you face can be overcome with God's help.

Second, remove any excess weight. Runners know

In life, wrong attitudes, actions or thoughts will weigh you down.

Third, pace yourself. Everyone cheers the runners at the start and finish of a race, but the real race is fought and won on the back roads. Pace yourself so you won't become tired and discouraged.

Finally, keep your eyes on the finish line. A runner who allows the weather, spectators or other runners to distract him will eventually stumble. If a runner really wants to win, he must keep his thoughts on making it across the finish line.

In the same way, live your lives with the end clearly in focus. And the end is not graduation, marriage, promotion or retirement. Our finish line is when we finally stand before God. Don't come up short near the end. Finish strong.

Worship Services Area ш

Protestant

Freedom Chapel Lutheran Sunday 8 a.m. Collective Suwon Air Base 10 a.m. 10:30 a.m. Camp Eagle 10:30 a.m. Zoeckler Chapel Collective Collective Freedom Chapel 11 a.m. 12:30 p.m. Camp Long

Gospel Freedom Chapel Sunday 1 p.m. Latter-day Saints Freedom Chapel 4 p.m. Contemporary 6 p.m. Freedom Chapel Camp Long Korean 7 p.m.

Catholic

Daily 11:45 a.m. Freedom Chapel Mass Mass Sunday 9:30 a.m. Freedom Chapel

Suwon Air Base Mass Sunday 1 p.m. 4 p.m. Camp Long Mass Mass 5:!5 p.m. Camp Eagle

Area III Chaplains

Chaplain (Maj.) Matthew B. Ahn AhnM@korea.army.mil 753-7274

Chaplain (Capt.) Thomas Vaughn VaughnT@korea.army.mil

721-3356



The War Memorial details conflicts, which cost millions of lives. The museum is located adjacent to Yongsan Army Garrison in Seoul.

Spc. Robert Haynes

War Memorial looks to past for brighter future

By David McNally
Area I Public Affairs

SEOUL — The War Memorial of Korea gives visitors important lessons about conflicts in Korean history.

"The War Memorial is one of the best museums in Seoul," said Hayden Windrow, a foreign visitor to Korea. "The complex is a post-modernist architectural dream that speaks to the robustness of Korean nationalism."

Koreans fought many invading armies throughout a 5,000-year history.

Even with the threats, the Korean people maintained their unique culture, language and tradition.

The War Memorial of Korea collects, preserves and exhibits historical records and relics to catalog the past and to teach future generations.

"The design, layout and nostalgic



Spc. Chris Oh

A statue reaches for the sky to symbolize the agony of the Korean War.

music can make even the most hardened cynic tear up, at least a bit," Windrow said. "It's worth seeing, and you'll definitely learn a lot."

A combat experience room offers visitors a vivid picture of life and death situations from the Korean War. With special effects of lighting, vibration and even the smell of gunpowder, visitors feel as if they are on the battlefield.

"I had no idea that Ethiopia, Columbia, Thailand and Turkey fought in the Korean War against the north," Windrow said. "Wonders never cease."

Inside exhibition rooms display more than 8,500 items with different themes.

Displays include weapons and equipment from prehistoric times to present day.

Battlefield paintings and sculptures portray Korean patriotism.

Outside, a statue of two brothers, the elder a South Korean soldier, and the younger a North Korean soldier, stands as a symbol of the Korean War. About 100 large weapons are also displayed in the outside exhibition area.

The memorial is open 9:30 a.m.-6 p.m., Tuesday - Sunday.

There is no admission fee for active duty military, people 65 or older, or war veterans. Other visitors pay an entrance fee of 1,000-3,000 Korean Won depending on age.

The War Memorial also hosts Republic of Korea Honor Guard demonstrations from 2 - 2:30 p.m each Friday. The shows include close-order drill with rifles and traditional sword play.

For information online, visit http://warmemo.co.kr/msindex_e.htm.



Spc. Chris C

E-mail david.mcnally@us.army.mil



Yongsan Auto Show

A Yongsan Auto Show will be held at the commissary parking lot, Yongsan South Post, Saturday. The show will be from 11 a.m. - 3 p.m. for viewing and prize drawings. Judging begins at noon.

Registration for participation is ongoing. Forms can be picked up and turned in at Auto crafts or at the Moyer Community Services Center today.

There will be different categories for vehicle and motorcycle entries.

For car entries there are four categories which are

- 1. Best Overall
- 2. Best Sound System
- 3. Best Engine Compartment
- 4. Best Wheels and Tires

Judges will also choose a Best Bike for motorcycle entries 250cc-and-over, and Under 250cc.

First place winners for each category will receive \$100 each. Second Place winners for each category will receive

Auto Sound 21 and Crown Tire from off-post vendors are also participating in this show.

Library Week

Camp Casey Library will host an Open House at 11 a.m. Sunday, celebrating National Library Week. Visitors may enjoy cookies and refreshments while they check out new book collection, DVDs, CDs and video tapes the Casey Library offers. For information, call 730-4563.

Twilight Golf Scramble

Camp Casey and Camp Hovey Better Opportunities for Single and unaccompanied Soldiers is hosting a Casey and Hovey BOSS Twilight Golf Scramble at Camp Casey Indianhead Golf Course April 16. The event is open to the first 14 four-person teams to enter. Each team must consist of at least one E5 or below. The Camp Casey Community Activity Center is now accepting team registrations.

A golf clinic will be held at 2 p.m., followed by a longest driving contest, a chipping and putting contest. Barbecue will be available for all participants and the Golf Scramble will begin at 7 p.m. For information, call 730-3424.

Arts and Crafts Contest

Enter the 2005 Korea Region MWR Arts and Crafts Contest at Camp Stanley Community Activity Center. The deadline to submit entries is April 15. Categories are ceramics, wood, fibers, textiles, glass, metal and jewelry, drawings, prints, water/oil base painting, and mixed media-2D/3D.

For information, call 732-6644.

Camp Humphreys goes all out for military child month

Mike Mooney

Area III MWR Marketing

CAMP HUMPHREYS – Although small in numbers, Area III Morale, Welfare and Recreatoin is still making a major production of the Month of the Military Child, with just about every MWR activity getting involved in the annual Salute to Kids.

At latest count, Area III has only 317 command-sponsored and 308 noncommand sponsored children ages 18 and under – about 40 percent of them under the age of five.

"That's not many kids in comparison with Yongsan and Taegu," said Area III Director of Community Activities Dave Watson. "But the numbers don't really matter. These are the children of our Soldiers, airmen and civilian employees, and we have an obligation to take care of them ... no matter how few there are."

Area III kicked off the Month of the Military Child with the Eggstravaganza Children's Festival, March 26.

"The official Month of the Military Child doesn't really start until April 1, but Eggstravaganza is traditionally tied into Easter as well as the Month of the Military Child, so a few days early don't really make much difference," Watson explained.

In addition to Eggstravaganza, Area III marked the month-long celebration with the April covers of the monthly Leisure Informer and Youth Newsletter monthly magazines.

"We gave parents the opportunity to have their children's picture on the front or back cover of one of the magazines, and they responded in a big way. Both the Informer and the Newsletter front and back covers are covered with pictures of our kids, and there's dozens more inside the magazines."





Area III children grace the cover of the monthly magazine, "Youth Newsletter" in recognition of the Month of the Military Child.

Area III MWR also unveiled a special Month of the Military Child banner, which features photos of 16 of the community's children. The Ranger Shop, which is located just across from Camp Humphrey's walk-thru gate, made the banner and is giving parents of the 16 children a free "mini-banner" if they visit

"In addition to the photos, our activities are also going to spend the full month recognizing children," Watson said. "For example: kids are going to bowl free and golf free when accompanied by a paying adult all month long."

In addition to the free bowling for children, the Strike Zone Bowling Center is holding a special Adult-Child Dutch Doubles Bowling Tournament April 17, in Honor of Military Child Month.

Augusta West Miniature Golf Course has the free golf and is introducing a new Unlimited Play Monthly Family Pass for just \$25.

The Nitewatch Club, Triple Play in Tommy D's and Macgregor's Market in the Community Activities Center also have specials associated with the month of activities.

Army Community Service has a combination of activities planned – some to celebrate Month of the Military Child and others directed toward Child Abuse Prevention and Awareness.

A formal anti-Child Abuse Proclamation was signed to kick off the month, and Child Abuse Awareness tables will be set up in the Post Exchange Mall several times during the month.

Other special activities in celebration of Month of the Military Child include a Parents Nite Out April 16, and Kid's Safety Day April 23.

And, of course, Youth Services has a whole range of special activities planned - including a Teenage and Middle School Lock-In today; an Everland Trip for Teens, Middle Schoolers and School Age Services children, Wednesday; kite making and flying, April 19 and 20, planting an Earth Day Garden at Youth Services April 22 and a month-long digital photo contest with a theme of "Life in Korea."

"Life for children in Area III can be more difficult than that for children in the bigger command-sponsored areas," Watson said.

"We don't have a middle school or a high school. We don't have a Child Development Center and a separate Teen Center. But we do have a great group of MWR professionals who recognize that taking care of kids is an important part of taking care of Soldiers. We're happy to do our part to celebrate kids."

MWR survey seeks user input

CFSC Marketing

YONGSAN – To better provide the Morale, Welfare and Recreation programs community members want Korea Region is participating in the Army-wide 2005 MWR Leisure Needs Survey.

The survey will obtain information about customer leisure-time activities, MWR facilities and programs.

Survey data is used in program planning and decision-making to improve the MWR activities that are important to quality of life in the community.

Usually conducted every three years, the Leisure Needs Survey is customized for each participating installation. This year's survey will be fielded at 92 installations, with over 260,000 surveys distributed Army-wide to active-duty Soldiers, spouses, civilian employees and military retirees.

Soldiers and civilian employees selected through random sampling distribution will receive a survey through their unit or workplace. The survey will be mailed directly to spouses and military retirees.

If selected to participate, community members are urged to take advantage as well as use and satisfaction with of this opportunity to voice their opinion on Army MWR.

> The greater the number of responses, the more accurate and helpful the information is in guiding the Army in providing the community wants and needs.

A comprehensive installation report of survey data will be provided to each installation in late 2005. Each report will provide patron data in the form of an electronic, queriable database consisting of both installation-specific and cumulative Regional and Army-wide data.

Aggie Rodriguez coordinates more than 650

Area III boasts hundreds of registered volunteers

By Roger Edwards

Area III Public Affairs

CAM P HUMPHREYS - Aggie Rodriguez is the official Area III "U.S. Army Volunteer Corps coordinator" for Suwon and for camps Eagle, Humphreys and Long. Working from the Camp Humphreys Army Community Services, she is the go-between for those who wish to volunteer and organizations that want volunteer assistance.

"I have more than 650 people registered as volunteers," said Rodriguez. "Lots of them are active-duty Soldiers and can only help out on occasion due to military obligations. They are an important part of the program though. What would we do without our Soldiers helping out on things like Saturday's Eggstravaganza?

"They are all a valuable resource."

Many of the volunteers are active and put in 30 or more hours a week at whatever organization they are helping.

When an organization needs help, a request is put in with the volunteer coordinator. Currently there are requests for volunteers from organizations ranging from the Camp Humphreys Auto Skills Center to the USO including the library, school and youth center.

"We're always in need of adults who can coach youth sports," said Rodriguez. "But we have to get them early. We screen anyone who will be

working around kids," she continued, "and the process takes a while. Right soccer next fall. Anyone who wants to work with children needs to come in

now I'm recruiting volunteers to coach Area III

tstanding Volunteers

Aggie Rodriguez, Camp Humphreys volunteer coordinator, has more than 650 volunteers registered. To volunteer, call her at Army Community Service, 753-8294.

right away and start the process."

When people come to ACS to volunteer, they fill out an application that allows them to list their skills, talents and the kind of work they'd like to do, and to specify their goals in volunteering.

"We have people come in who just want something to do with some of their time," said Rodriguez. "There are others who have professional skills they want to keep active or who are looking for professional development and others who are looking for skills to add on their resume.

"Whatever their goals, I try to find the best match between their skills and abilities, and the needs of the organization."

She said one important thing to remember is, if you volunteer, register with the volunteer coordinator and report the hours you work. She needs to record them for tracking purposes for things such as letters of recommendations, volunteer certificates, the President's Volunteer Service Award, the Military Outstanding Volunteer Service Medal and overall recognition.



Two volunteers

Making a lot of difference

Chief Warrant Officer 4 Sergio Almanza got into being a volunteer coach because of his kids.

Chief Warrant Officer 4 Sergio Almanza, 52nd Aviation Regiment, is new at Camp Humphreys. He is also a new volunteer.

Almanza has volunteered to coach youth baseball. It's a position he has filled

"I originally got into coaching because of my kids," he said. "I've got three boys who enjoy playing the game, and my girls enjoy watching their brothers when they're not involved in their own activities.

"I think I produce winning teams," he continued. "Last year I took my team at Fort Rucker (Enterprise, Ala.) to first place in the regular season and was allowed to coach an All Star team to division level.

"But more important, by giving a couple of hours a week, I can help instill a love of the game and give kids the opportunity to have some fun."

Almanza's family will be joining him this summer. He doesn't intend to quit with baseball season though. "I also coach basketball and soccer," he said.



Former Nightwatch waitress Chong Eun-yi now volunteers at Camp Long.

Chong Eun-yi is a new volunteer with Army Community Services at Camp Long.

Until December Chong worked as a waitress at Camp Humphreys Nightwatch Restaurant. Then she married Spc. Jay Bourgeois of 524th Military Intelligence, Camp Long.

"I tried to be a stay-at-home wife," said Chong, "but I've worked since high school and that just wasn't me."

When she found that paid jobs were rare at Camp Long she decided to become a volunteer and now works from 10 a.m. until 5 p.m., Monday through Friday. Her tasks are "whatever needs to be done."

Chong says that she still wants a paid job, but that until one comes along, she's enjoying her volunteer work and her co-workers.

NEWS & NOTES

Cross Cultural Marriage Seminar

A cross-cultural marriage seminar will be held Monday-Tuesday in the MWR Training Room. Preregistration is required. For information, call 753-8782.

Smooth Move Workshop

Get ready for an upcoming move by attending the "Smooth Move Workshop" 6 p.m. Tuesday at the ACS Bldg 311. For information, call 753-6901/8401.

Sponsorship Training

Learn how to help an incoming Soldier or family at a Sponsorship Training Workshop 9:30 a.m. Thursday at the Camp Humphreys Army Community Services, Bldg. 311. For information, call 753-8804/8401.

USO Tours

April 10, Seoul Land & Zoo April 17, Lotte World Amusement Park

April 23-24, Mt. Sorak and hot springs

April 23, Yoju and Icheon pottery

April 24, Everland Amusement Park

For information, call 753-6281.

Softball Sign-up

The 2005 Camp Humphreys Men's Post-Level Softball Team is now conducting sign-ups for the upcoming softball season. Sign up in person at the Camp Humphreys post gym through April 15. For information, call the post gym at 753-8810.

Interview Techniques Workshop

Prepare for a new job by taking an Interviewing Techniques Workshop 9 a.m.-noon April 19 at the Camp Humphreys ACS, Bldg. 311. Pre-registration is required For information, call 753-8321/8401.

Area III Tax Center

The Area III Tax Center is open for tax advice and tax return preparation. Soldiers should contact their unit tax advisor. Department of Defense civilians, family members and other valid ID cardholders are also eligible for tax preparation service. For information, call 753-3170.

Remedial Checkbook Management

Brush up on fiscal responsibilities at a remedial checkbook management class at 9-10 a.m. the last Tuesday of each month at the Camp Humphreys ACS, Bldg. 311. Preregistration is required. For information, call 753-8403/8401.

Humphreys Soldiers tour Pyeongtaek

By Roger Edwards

Area III Public Affairs

CAMP HUMPHREYS

Pyeongtaek City and People-to-People International, Korea (Pyeongtaek City Chapter) have come together to welcome Soldiers, civilian employees and family members newly assigned to Camp Humphreys with an introductory tour of their community.

Fourteen Soldiers took advantage of the offer March 30, when they boarded a tour bus outside the Camp Humphreys walk-through gate for the first of what will become monthly scheduled tours.

"It's a good trip," said Spc. Travis McIntyre, 23rd Area Support Group. "It gives a newcomer the opportunity to see a little of what Korea has to offer."

The Soldiers, one of whom has been in Korea only two days and none of whom have been here more than three months, were treated to a visit to the Mangi-sa Buddhist Temple and a traditional Korean restaurant where they dined on bulgogi, rice and various vegetable dishes.

Following lunch they visited the Pyeongtaek City Agricultural Technology and Extension Center, where they toured a museum displaying the history of farming in Korea and some of the products Korean agriculture produces.

The tour also included a botanical garden on center grounds, where a

variety of plants from Korea and around the world grow and are on display.

The final visits of the day were to Pyeongtaek Port Information Center, where they examined displays dealing with the history and current status of the port; and a voyage around the port aboard the "Seaworld" tour boat.

Asked what he thought about the trip, Staff Sgt. Harry LeRoy said that the tour went through some pretty country and that he really enjoyed the day. "The thing that impressed me, though, is the pride the Korean people have in their accomplishments."

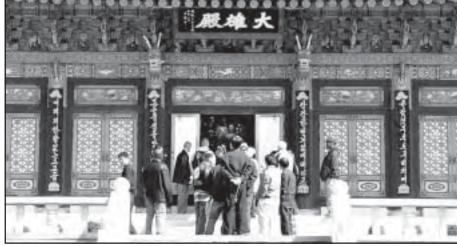
"I hope the tours continue," he

said. "Something like this gives our people the chance to see something outside of Anjong-ri."

According to Peter Yu of the Area III Public Affairs Office, monthly tours will be scheduled during the last week of each month.

"We will only have 35 seats available for each tour," said Yu, "so our priority will remain newly arrived Soldiers, civilians and family members. But we will attempt to take others on a spaceavailable, first-come, first-served basis.

Anyone who would like to take the tour may submit a request to Yu Pomtong on the Global E-Mail listing, or by calling 753-7652.



Roger Edward

Soldiers gather at the entry of the main temple building of the Mangi-sa Buddhist Temple during their March 30 Pyeongtaek tour. The all day event included stops at the thousand-year old temple, lunch at a Korean restaurant, a visit to the Pyeongtaek Agricultural Extension Service Museum and to Pyeongtaek Port.



Kick-off cake

Area III Command Sgt. Maj. Robert R. Frace and Brenda Kittrell, Army Family Action Plan Manager with Army Community Services, cut the cake following the April 1 kickoff activities for the Month of the Military Child and Child Abuse Prevention Month at the Camp Humphreys Youth Center.

Activities at the kickoff included reading a proclamation designating the Month of the Military Child and Child Abuse Prevention Month, remarks from Frace, an appearance of the Humphreys American Elementary School Stompers, the announcement of the winners of the school art contest and an obstacle course run by teachers with a pizza party awarded to winner Kristi Brecheisen for her 4th-grade class.

6th Cav Soldiers plant Arbor Day trees

Twenty Soldiers of the 6th Cavalry Brigade traveled to Shin Han High School in Pyeongtaek City April 5, to plant trees as part of the Korea wide celebration of Arbor Day.

"The Soldiers bought the trees and provided the tools, material and manpower to do the planting," said Area III Public Affairs representative Yu Pom-tong. "Afterwards, school representatives and students provided lunch for the group."

The group planted two Magnolia trees, five Royal Azalea trees and about 15 small Royal Azalea plants that will, in the future, form a flowering hedge for the school grounds.

Col. Michael J. Taliento Jr., Area III commander, took part in an early Arbor Day activity on April 2. Working with 200 Pyeongtaek City officials and employees he, his son and daughter helped plant 3,000 Big Cone Pine saplings at a site 40 minutes from Camp Humphreys.

Korean Arbor Day is a day in which government officials, teachers, school children and thousands of Koreans throughout the country plant trees in accordance with the government's reforestation program. What started as a program to replace the trees lost during the Korean War, now serves as a reminder for Korean citizens to respect nature and their environment.



Courtesy Phot

Online tool educates Soldiers on driving risks

By Sarah Schuchard

Army News Service

FORT RUCKER, Ala. — In the 15 months since the U.S. Army Combat Readiness Center launched the first of three modules of the Army Safety Management Information System 1, the online tool has made steady progress in providing risk awareness to Soldiers, according to center officials.

The Personally Owned Vehicle module — deployed Dec. 10, 2003 — processed 340,457 by March 23, and though it is still too early to draw any definitive conclusions from such a small sample size, the trend in the accident data is promising, according to Larry Kulsrud, ASMIS-1 program manager.

"If you take the Army's POV accident rate and apply it to the average number of ASMIS-1 users over the last 12 months, (you find) we should have had about 6.5 fatalities," Kulsrud said. "We've only had three, so the fatality rate among ASMIS-1 users is slightly less than half of that of non-users."

Using the POV module is mandatory for CONUS Soldiers going on leave, pass or temporary duty, and Kulsrud said he believes a majority of the Army is enforcing this requirement.though not designed for travel overseas, officials said the guidelines can still benefit overseas travelers.

Kulsrud attributes the effectiveness of the

tool to two factors — the personalization of risk management and the involvement of leadership in travel decisions.

The tool personalizes risk management in several ways. After the user answers a series of questions about his trip, the tool accesses the five accident cases most applicable to the user's data from the

USACRC's database. By viewing these cases, a user sees that accidents have happened to Soldiers just like him embarking on the same or similar POV trips, Kulsrud said.

"If a private leaving Fort | Rucker and driving to

Atlanta for the weekend does a risk assessment, he'll see accident cases where young Soldiers — maybe not necessarily a private, but young Soldiers in his grade band — leaving Fort Rucker and driving to Atlanta were involved in an accident," Kulsrud said.

Along with the accident cases, the tool identifies hazards and recommends controls so the user can make adjustments to his initial assessment and recalculate the trip's risk level.

Leadership enters into the process after a user finishes the final risk assessment. An e-mail notification is automatically sent to the user's supervisor, who can look over the assessment and discuss with the user any other control that might reduce the level of risk. For example, the supervisor might suggest modifying the time of departure, the number of miles traveled each day or the frequency of rest stops.

Capt. Jeffrey Lesh, commander of A Company, 1st Battalion, 210th Aviation Regiment, said he thinks the ASMIS-1

"As a leader, I think it's our responsibility to ensure our Soldiers are prepared, both on and off duty."

— Capt. Jefffrey Lesh A Co., 1st Bn., 210th Aviation Regt. commander

heightens awareness of safety issues among users.

"By conferring with their supervisors and reviewing accident data presented during the process, each Soldier will stop and think before acting," Lesh said. "That millisecond can make the difference."

"As a leader, I think it's our responsibility to ensure our Soldiers are prepared, both on and off duty," Lesh added. "I know that ASMIS-1 has made me think more about POV safety when briefing Soldiers."

Use of the tactical aviation and ground modules of the ASMIS-1 — deployed in June and September 2004, respectively — is not mandatory, and the number of completed risk assessments for each

reflects this fact. Even though the ground module has been available for less time, it boasts 2,930 assessments versus the aviation module's 1,834, as of March 23.

The USACRC is working on making the ASMIS-1 tool available on the Secure Internet Protocol Router Network — called the SIPRNET — so Soldiers in Iraq and Afghanistan can access the aviation and ground modules, Kulsrud said. Also in the works is a possible collaboration between the aviation module and the Aviation Mission Planning Station, or AMPS.

Kulsrud said the center already has a design document for the POV module's first revision based on user feedback and lessons learned. One of the many improvements to be made is the integration of mapping software so users will see a trip map highlighted with information on construction zones and recommended rest stop areas.

Brig. Gen. Joseph Smith, commanding general of the USACRC, envisioned an automated risk management tool in mid 2003 after the Secretary of Defense challenged the services to reduce the number of accidents by at least 50 percent throughout the next two years.

The center subsequently developed the idea into the ASMIS-1, which is also currently being used by the Navy, Air Force, Marines and Coast Guard.

The online tool is available through the U.S. Army Safety Center at safety.army.mil.

Did you change the date on Pg. 24?

April 8, 2005

Archbishop of Military Services visits Area IV

By Cpl. Oh Dong-keun Area IV Public Affairs

CAMPWALKER – Seven candidates from the Area IV Holy Family Parish and four from Camp Hialeah Holy Family Parish received the Most Holy Sacrament of Confirmation from Archbishop Edwin F. O'Brien during a special Mass celebrated at Soldier Memorial Chapel here March 29.

The archbishop for the military services spent several days touring military installations in Korea March 29 Saturday as part of his confirmation tour in the Pacific area including Singapore, Japan, Guam and Hawaii. He serves military parishioners from all services worldwide.

This is not the first time the archbishop visited Area IV. The last time he visited Daegu in May 2002, 10 members of the Holy Family Parish received confirmation from O'Brien.

"I saw a lot of familiar faces," O'Brien said. "It's an encouraging visit, because it's (a) comparably small community, and maybe because of that it brings out the best in everybody, both in service and in attitude. Everybody knows each other, and pulls for each other. You don't find that in the larger installations."

During the special Mass service, Chaplain (Maj.) Richard J. Bendorf, Area



Archbishop Edwin F. O'Brien anoints Cathreene Tomas on the head as Norma Rifner, her sponsor, looks on during the confirmation Mass at Soldier Memorial Chapel on Camp Walker March 29.

IV command chaplain, presented the confirmation candidates to the archbishop.

"They stand here this evening ready to enter a new phase in their lives and commit their lives to the Lord," Bendorf said during the service.

"In (American) culture, it's not easy to stand for something in our lives," O'Brien said to the candidates. "But when you look at the history books, you will find that those Americans who make it in the history books usually do because

"I'm always here, every

day. ... I get lots of

information."

they stood for something, but very often, they are not very popular.

"That's what happens when you stand for something," he told the confirmation candidates as he pointed to the crucifix above the altar.

Before conferring the rite of confirmation, the archbishop asked the candidates to be baptized of their free will, as their parents had done for them when they were babies.

Shortly after the renewal of their baptismal vows, each candidate approached the altar with a sponsor and received the sacrament of confirmation from the archbishop.

The parents of the confirmandi were pleased with the decision made by their young adult sons and daughters.

"I am happy for (my son)," said Lt. Col. Bryan A. Groves, assistant chief of staff for civil affairs, 19th Theater Support Command, whose son, Daniel, was confirmed. "I am glad that he made a decision to join the church and take a stand.

"I appreciate the sacrifice (the archbishop) made to come here to do this. Just listening to his homily, I can see God is in his heart. He could have been many other places besides Daegu tonight, and I thank him for taking time out of his busy schedule for us."

"I am glad that he could come and confirm us himself," Daniel said. "It's a very special moment for me and I believe it is very special moment for all other confirmandi, too."

The candidates and their parents were not the only ones dazzled by the sacred celebration. Catechists America Planas and Tony Gray, Camp Hialeah Morale, Welfare and Recreation Distribution Center, NAF property manager, who also serves as Catholic coordinator for

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American Corner in Daegu celebrates first anniversary

By Galen Putnam

Area IV Public Affairs

CAMP HENRY – After a year of providing Daegu residents with information about the United States and cultural exchange opportunities with its citizens, more than 100 guests and dignitaries from Daegu, the U.S. Embassy in Seoul and the U.S. military community in Daegu gathered March 29 at the

Daegu Metropolitan Jungang Library, to celebrate the first anniversary of the "American Corner Daegu."

The U.S. Embassy in Russia conceived the American Corner concept in the late 1990s. Since then more than 155 American Corners have been established

in more than 28 countries in an effort to expand communication and improve information exchange between Americans and residents of other nations.

"When first given the opportunity to bring the American Corner concept to Korea, we approached the project the way in which one would the planning of a monument. But, instead of offering a sculpture to the people of Daegu we would offer them a library collection in recognition of U.S.-Korea friendship," said keynote speaker Don Q. Washington, minister

counselor for public affairs at the U.S. Embassy in Seoul.

"Nearly 50 years ago former U.S. President Dwight D. Eisenhower founded the citizen diplomacy movement built on the astute notion that private citizens were the most effective representatives of their respective nations.

"Today we build upon that concept at the American Corner in Daegu where private citizens

> from the Republic of Korea and of the United States come together in meaningful dialog on a number of issues."

The American Corner houses 780 books ranging from reference to fiction; 142 digital video discs and videos including documentaries and feature films;

20 periodicals covering a variety of topics and an assortment of compact discs. Plans are already in the works to expand the collection.

The facility also has the capability to conduct digital video conferencing and features Internet connections.

"I'm always here, every day," said Jung Kyoodae, a local resident. "I love coming here, because it has newspapers, magazines and books about current affairs. It helps me to keep up with

Wilfred Plumley, Camp Carroll installation manager, and Jo Chang-ho, American Corner manager, peruse a scrapbook documenting the opening of the American Corner in Daegu.

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NEWS & NOTES

Anti-Terrorism Exercise

The Area IV Support Activity and tenant units on Daegu installations will participate in an anti-terrorism exercise Monday - April 14 at Camp George. The exercise is designed to test first responders' abilities to react to a potential crisis. All scenarios are exercise play only.

RSO&I Victory Party

The Camp Carroll RSO&I Victory party will be held 3 p.m. Saturday at Sweeny Field on Camp Carroll. There will be company-level competitions and an "American Idol"-style competition. Sign up for the "American Idol" competition at Camp Carroll Army Community Service by Thursday. For information on the competition, call Sandra Jackson at 765-8993. For information on the party, call Glenn Groome at 765-7230.

Earth Day Drawing Contest

The Area IV Environmental Division is sponsoring the 2005 Earth Day drawing contest for Status of Forces Agreement status youth in ages 10 – 15 in the Daegu and Camp Carroll communities. Drawings must incorporate this year's theme of "Sustainable Future through Recycling." Entries must be submitted to School Age Services on Camp Walker by Wednesday. For information, call Robert Chartier at 768-8730.

Occupational Health Fair

Occupational Health Fair 2005 will be held 11 a.m. – 2 p.m. Thursday at the AAFES Food Court on Camp Carroll. There will be free refreshments and door prizes. For information, call Sun D. Kwon at 765-7958.

Summer Hire Program

Applications for the 2005 Area IV summer hire program will be accepted through Thursday. Applications are available at the Area IV Civilian Personnel Advisory Center on Camp Henry. For information, call Karyn Smith at 768-7128.

Commissary Closure

The Taegu commissary will be closed April 19 for inventory. The commissary will reopen April 20. Camp Carroll, Pusan and Chinhae commissaries will be open April 19. For information, call Alan Esperas at 764-5310.

Soccer Social

The Daegu Area Soccer Club is hosting its "Spring Kick-Off" 1 p.m. April 16 at the Hilltop Club on Camp Walker. The Kansas City Wizards of Major League Soccer have provided videos for entertainment and a teamsigned ball, posters, shirts and other items to be given away. All ID cardholders and guests are invited. For information, call Galen Putnam at 011-1716-0428.



PHOTOS BY PEC PILEY S HUSKEY

Soldiers from the 3rd Stryker Brigade, 2nd Infantry Division, Fort Lewis, Wash., move away from the Air Force C-17 that transported them to K-2 Air Base in Daegu March 18. The Strykers were a key element of an operational vignette held as part of this year's RSOI exercise.

RSOI: Strykers highlight of 'Operational Vignette'

By Pfc. Riley S. Huskey 210th MPAD

K-2 AIR BASE -- To kick off the 2005 Reception, Staging, Onward movement and Integration exercise, the 3rd Stryker Brigade, 2nd Infantry Division, of Fort Lewis, Wash., landed here March 18 in support of this year's mission.

Working closely with the Stryker Brigade, the 46th Transportation Company, 498th Corps Support Battalion, the 6th Calvary Brigade and soldiers from the 2nd Republic of Korea Army, the 19th Theater Support Command played a key role in an operational vignette March 20.

"The overall mission was to have a safe training event that showed the capabilities of the United States Army in the event that forces would be called upon to support convoys on the Korean peninsula," said Maj. Hank Young, 19th TSC Training and Operations current operations officer.

Young headed the operational vignette as the officer-in-charge. He served as the gatekeeper of information for the mission and helped to set the flow of the event.

"First off, I didn't do it all by myself—I had a lot of help," he said. "We had a lot of good (noncommissioned officers) who helped us out to

coordinate different pieces of the operational vignette. We developed some good relationships with our Air Force counterparts at K2 as well."

The operational vignette began as a platoon from the 46th Trans. Co. conducted onward movement convoy operations on an unsurfaced road near the 2nd ROK Army Headquarters in Daegu. While enroute, the 14-vehicle convoy was "attacked" by North Korean forces using improvised explosive devices, which in-turn sparked defensive actions and return fire.

ROK aviation and ROK civilian and military vehicles responded to the ambush. In addition, the 6th Cav. provided two AH-64 Apache helicopters to act in a combined quick reaction force role.

All of this was organized with the help of the 19th TSC.

"I thought it was an awesome experience," Young said. "I learned a lot about the 19th TSC and the quality of professionalism we have within our organization. People really bent over backwards to help make this event a success."

But the 19th TSC didn't steal the show—it was the Strykers, Young said.

"I learned a lot from the Strykers coming over," he said. "They brought a lot of real-world lessons. The camaraderie they had within their unit was awesome.

I think they felt real good from the support they got from the 19th TSC."

Sgt. Maj. John E. Swain, the 19th TSC Training and Operations sergeant major, agreed and said the operational vignette was a good experience for the Strykers.

"The Strykers had an opportunity to do their wartime mission in an environment they're probably not familiar with," Swain said. "Having just returned from combat in October, this was their opportunity to train on their wartime mission in support of (Department of Defense) goals and initiatives."

Young said he received many e-mails from troops talking about how much they've enjoyed this mission and thanking 19th TSC for allowing them to be a part of it.

"The training was first-class training," Young said. "The Strykers even called me and told me that it was the best live fire that they've ever done, as far as a training event. Even across the board, everybody was really excited and thoroughly enjoyed their trip thus far in Korea. And we've enjoyed them."

For Young, however, this experience wasn't for the "thank-yous" to the 19th TSC, it was for the lessons learned.

"Understanding the new world we live in, when it comes to combat logistics patrols — you're more offensive than defensive," he said. "What I learned is aggressiveness and a show of force can be a deterrence when it comes to being hit with IEDs and soft-shell elements. The more firepower you display, the less likely you'll be attacked."

On top of lessons learned, relationships and bonds formed, and high-quality training, Young said he didn't stand alone.

"This wasn't anything that I did by myself," Young said. "I just happened to be surrounded by some really good U.S. Soldiers who enjoyed doing their job and enjoyed the training event. That makes all the world of difference. If I can say anything, it was definitely a team effort."

(Editor's Note: The 210th Public Affairs Detachment is stationed at Garner, N.C. The unit deployed to Korea in support of RSOI.)



Soldiers from the 3rd Stryker Brigade, 2nd Infantry Division, Fort Lewis, Wash., guard the perimeter around their Stryker after unloading at K-2 Air Base in Daegu.

TAS cheerleaders head to nationals

By Spc. KaRonda Fleming 210th MPAD

CAMP WALKER – The Warrior Cheerleaders at Taegu American School will be competing in the National Cheerleaders Association's National Championship in Daytona, Fla., April 9 -10.

The team is comprised of high school students in grades 9-12, said Tonya Hagander, one of the Warrior coaches and a former cheerleader. There are 13 members on the team, 10 girls and three boys.

Two years ago, the Warrior cheerleaders competed in the national competition in Dallas, said Hagander. This year, they have already competed in two regional competitions and are preparing for the Daytona championship.

The cheerleaders will be judged on how well they perform stunts, the time it takes to complete the stunts, uniformity, precision and grace.

One stunt that the team is learning is the "Bottle Rocket Full Down." In this stunt a flyer is tossed up high into the air, while doing a toe touch.

"I'm really excited," said Angela Cho, member of the Warrior Cheerleader Team, "especially because I get to go with the team to Daytona. This team is really close and makes it seem more special."

Through involvement with the team, the cheerleaders learn not only the basic cheerleading fundamentals, but other real-life skills as well. These skills include dedication to a common goal, determination to fulfill a dream, respect for others, hard work and motivation, Cho said.

As evidence of their dedication, team members practices two hours a day in preparation for the nationals, Hagander said.

"Dedication plays a very important role in these competitions. Everyone has to be here for practice. Missing one person makes it really difficult for the rest of the team," said David Arocho, member of the Warrior Cheerleader Team.

"It is like a puzzle. Every person must be here for it to be a success. One person not showing up really hurts the team," said Arocho.

(Editor's Note: The 210th Public Affairs Detachment is stationed at Garner, N.C. The unit deployed to Korea in support of RSOI.)



SPC. KARONDA FLEN

Sophomore Jesse Covan reaches for the sky as the Taegu American School Cheerleaders practice a maneuver in preparation for the national championships.

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confirmandi towards this moment, and was delighted to finally see them making this important decision in their lives.

"I am very proud of them," Gray said. "They worked really hard for this moment. To see these kids up here today making a stand for their faith, it's a reflection of the community they come from and I am very proud of them."

Gray also shared his impression of the archbishop. "I heard a lot of great things about Bishop O'Brien, and everything I heard was true," Gray said. "He's a good man, he's a sincere man, and it was a great pleasure for me and I am sure it was a great pleasure

for our kids and the families that came up to hear the Bishop speak. It was a real honor and a pleasure and I hope to see him again soon."

out several other issues affecting the Catholic Church. He told the congregation that the U.S. military is in serious need of Catholic priests. The military needs 800 priests to minister to its parishioners around the world, but currently only has about 320. He urged the parishioners to assist in the search for potential priests during their daily lives.

During the Mass, O'Brien also used the pulpit to point

O'Brien's final remarks were directed to the confirmandi. He asked them to look closely into the lives of the saints they took their confirmation names from, and try to live their lives in a similar fashion.

Confirmed during the ceremony were: Meagan Esperas, Daniel Groves, Jeanelly Haddock, Loreann Haddock, David Keene, Felix Quinata, Marlette Villarosa, Cathreene Tomas, Darren Tomas, Tanya Husler and Mabel Mejia.

O'Brien was born in Bronx, N.Y. and ordained a priest in 1965. He served as an Army chaplain from 1970 – 1973 and was named Archbishop for the



CPL. OH DONG-KEUP

Archbishop Edwin F. O'Brien celebrates a special confirmation Mass at Soldier Memorial Chapel on Camp Walker March 29.

Military Services in 1997.

The Archdiocese for the Military Services, USA, is the umbrella under which the Roman Catholic Church assures those dedicated to defending their country have immediate access to spiritual and pastoral services and support. Today, the Archdiocese serves more than 1.4 million Catholics, including 375,000 in uniform.

Corner ____

from Page 25

what happens around the world. I love traveling, too. So I get lots of information about traveling here, as well from reading books and meeting and talking to people from overseas."

The American Corner has also hosted a number of meetings and forums to help foster relations between American and Korean citizens.

Events have included a children's book reading by Lynne Chaney, wife of U.S. Vice President Dick Chaney, via digital video conferencing, April 16, 2004; a seminar on American History, Sept. 8, 2004; a discussion on Martin Luther King Jr. and the Human Rights Movement in the United States, Jan. 20, 2005; and a meeting with American poets Zack Rogow and Jerome Rothenberg. Jan. 25, 2005.

The library opened March 19, 2004 with Thomas C. Hubbard, then ambassador to the Republic of Korea as the keynote speaker.

"Time has gone by really fast. I can't believe it's already been a year," said Jo Chang-ho, American Corner manager. "I am a bit disappointed, though, because we had a smaller turnout than I expected for the past year. So I will work harder to get the word out, so more people can enjoy and benefit from what we have to offer."

The American Corner seeks Americans to meet with Koreans and partake in periodic discussion groups. Anyone interested in participating may call Cindi Bisacre, installation volunteer coordinator, at 768-8126. For information about the American Corner, call Jo Chang-ho at 420-2726.

대하여 자살예방에

일병 서기철

최근에 한 카투사 병사가 스스 로 목숨을 끊는 안타까운 소식이 있었다.자살을 하게된 동기가 어 떤 것이 되었던 나를 사랑하는 사 람과 나의 죽음으로 인해 눈물 흘 릴 수많은 사람들을 생각한다면 자살은 자신이 처해있는 문제상 황을 해결할 수 있는 최선의 방 법만은 아닐 것이다. 자살은 인 류의 10대 사망원인 중의 하나이 다. 특히 우리나라 청소년에 있 어서는 사망원인 2-3위를 차지하 는 병 아닌 병이기도 하다. 그러 므로 자살은 또 하나의 사회적 질 병이라고 할 수 있다.이번호에서 는 자신뿐만 아니라 자신이 사랑 하는 수많은 사람들을 상처받게 하는 자살의 위험징후와 예방책 등에 대하여 알아보도록 하겠다.

**자살의 주원인

자살을 기도하는 사람은 대부 분 주위사람에게 암시를 한다. 이 것은 자살예방에 가장 중요한 지 식이다. 문제는 이런 암시를 대 부분 지나치기 쉽다는 것이다. 실 례로 미국에서 자살하면서 비디 오 촬영을 한 고교생도 여러 번 자살을 암시했다고 한다. 그러므 로 지나가는 말로나마 죽고 싶다 고 하면, 진지하게 대화를 할 필 요가 있다. 심리학적이나 정신학 적으로 이런 암시는 자살기도자 가 마지막으로 삶에의 끈을 잡으 려고 하는 것이라고 한다. 즉, 내 가 이렇게 자살을 시도할 만큼 괴 로우니 나를 이해하고 구해달라 는 구조요청인 것이다. 그런데 이 것을 무시하면 아무도 자기를 이 해해주지 않고, 자기를 구해 줄 아무런 것도 없다는 자포자기에 서 막 바로 자살로 이어지는 것 이다.

**자살의 분류

미국 의사협회와 미국정신의학 협회에서는 자살을 간단히 분류 하여

- 1. 이유 있는 자살
- 2. 반응으로의 자살
- 3. 복수로서의 자살
- 4. 조작적 자살
- 5. 정신병적 자살
- 6. 사고로 인한 자살 로 분류하 였고

정신학적 분류로는

- 1. 보복적 포기(즉 가까운 사람 에게 자살함으로 충격을 주는 보 복으로서의 자살)
- 2. 반전살인 (타인을 죽이고 싶 은 욕망이 자신에게 향함)
- 3. 재결합으로서의 자살 (살아 서 이루어지지 못한 일, 사랑 등 을 죽음으로 이루고자 함)
 - 4.자기 징벌
- 5. 재생으로서의 죽음 (현재를 잘못된 것, 불결한 것으로 보아 죽음으로 다시 깨끗이 삶)
- 6. 자신의 이미 죽음의 실천 (현재의 삶이 아무런 의미가 없 음의 확인적 실천)

7. 환각상태에서의 자살 등으로 분 류하였다

**자살의 위험 징후

- ① 한동안 만나지 않던 동창이나 은 사 등을 찾는다.
- ② 아끼는 물건을 특별한 이유없이 주변사람들에게 나눠준다.
- ③ 청소년의 경우 성적이 떨어져도 걱정하지 않는 등 자신의 일에 초연
- ④ 교회나 사찰 등에서 성직자를 만 났다는 이야기를 갑자기 한다.
- ⑤ 죽음과 관련된 책이나 영화 등 에 집착한다.
- ⑥ 사후 세계에 갑자기 관심을 갖 는다.
- ① 가족과 주말 나들이를 피하는 등 가족을 피한다.
- ⑧ 평소 우울하던 사람이 갑자기 밝 아진다.

**자살 예방 대책

- ① 자살 징후를 보이는 사람들의 가 족, 친구 등 주변 사람들이 관심을 가져야 한다.
- ② 혼자 두지 않는다. 자살 충동은 지속적인 경우보다 순간적인 경우가 많아 그때만 잘 넘기면 피할 수 있
- ③ 자살은 사회 · 경제적으로 어려 운 사람들에게서 발생하는 것은 아니

그보다는 갑작스런 사회·경제적 신분의 추락에서 발생하는 경우가 많 다. 실직이나 이혼, 실연 등을 당한 사람을 주의깊게 살핀다

④ 심각한 고민이 있다면 혼자 서 해결하려하지 말고 주위의 믿을 만 한 사람과 대화를 나눈다.

특히 가족, 친구 등에게 적극적으 로 알려야 한다.

- ⑤ 자살을 미화하거나 낭만적으로 바라봐서는 안되며, 미디어도 이런 식의 보도를 자제해야 한다.
- ⑥ 정부도 자살을 개인의 문제가 아 닌 공중보건의 문제로 인식하고 정신 건강 서비스 기구를 확충해야 한다.

**자살에 대한 잘못된 편견

- ① 자살한 사람은 유언을 남긴다 -->유언을 남기지 않는 경우가 더 많
- ② 자살시도는 주위의 관심을 끌기 위한 수단이다.-->절대 그렇지 않다.
- ③ 자살은 유전이거나 정신병이 다.-->사회적 요인이 더 크다고 볼 수 있다.
- ④ 우울하기 때문에 자살한다.--> 우발적·충동적 자살도 많다.
- ⑤ 성공한 사람은 자살하지 않는 다--> 성공 여부 보다는 상대적 박 탈감이 자살의 원인이 된다.
- ⑥ 자살에 실패한 사람은 다시 자 살하지 않는다.-->반복적으로 시도 하는 경우가 많다.
- ① 자살은 겨울에 많다.-->오히려 4~5월에 많다.

This article is about "Suicide Prevention".

Learn Korean Easily





Minsook Kwon

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Word of the week





tea (car)

The phrase of the week "Let's go for tea."

차 마시러 갑시다

Chah mah-shee-roe gahp-shee-dah.

tea for (drinking) Let's go

Conversation of the week

어떤 차 드시겠어요? Oe-ddoen chah due-shee-geh-soe-yo? What kind of tea would you like to drink?

유자차요.

Korean lemon tea.

U-jah-chah-yo.

그거 맛이 어때요?

레몬티와 비슷해요.

How does it taste?

Gue-goe mah-shee oe-ddeh-yo?

That tastes like lemon tea.

Leh-mohn-tee-wah bee-sue-teh-yo.

그럼, (유자차)주세요.

Then, give me (Korean lemon tea), please. (u-jah-chah)

joo-seh-yo.

Gue-roem,

All right.

Neh.

홍차) (hohng-chah) (hot tea) (*coe-pee*) (coffee)

Share this column with a Korean co-worker.